

# LUNCH MENU

FEBRUARY 2021



| MONDAY                                                                                                                                            | TUESDAY                                                                                                                                    | WEDNESDAY                                                                                                                                 | THURSDAY                                                                                                                                                               | FRIDAY                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>Open-Faced Hot Turkey Sandwich 2<br>Mashed Potatoes 16 / Gravy 3<br>Wheat Bread 18<br>Roasted Butternut Squash 16<br>Canned Prunes 23 | <b>2</b><br>Chicken Fajita 9<br>Spanish Rice 16<br>Caramel Apple Crumble 30<br>Romaine & Leaf Tossed Salad 1<br>Tortilla 19                | <b>3</b><br>Ham Scalloped Potatoes 14<br>Roasted Brussels Sprouts 15<br>Strawberries 24<br>Wheat Roll 13 / Margarine<br>Pumpkin Mousse 23 | <b>4</b><br>Veal Parmesan 19<br>Penne 22/Red Pasta Sauce 12<br>Green Beans 6<br>Peaches & Pears 13<br>Bread Stick 14                                                   | <b>5</b><br>Grilled Stuffed Salmon 20<br>Orzo 21<br>Caribbean Blend 10<br>Strawberries & Blueberries 9<br>Snickerdoodle Cookie 18                                              |
| <b>8</b><br>Crispy Chicken 9<br>Cauliflower Smashed Potatoes 12<br>Gravy 3<br>Broccoli 6<br>Michigan Fruit Blend 15<br>Hawaiian Roll 19           | <b>9</b><br>Spaghetti Noodles 20<br>Meat Sauce 10<br>Cauliflower 5<br>Grapes 8<br>Savory Garlic Bread 14<br>Ultimate Cookie 21             | <b>10</b><br>Turkey Pot Pie 43<br>Coleslaw 9<br>Molded Cranberry Salad 22<br>Bread Stick 14                                               | <b>11</b><br>Pork Marsala 4<br>Rotini 21<br>Sicilian Blend Veggies 8<br>Orange 14<br>Craisin Rice Pudding 37                                                           | <b>12</b> <u>Valentine's Dinner</u><br>Fish Tenders 19<br>Roasted Red Potatoes 17<br>Caribbean Blend Veggies 7<br>Slice Apples 14<br>Petit Pain Roll 25<br>Valentine Cookie 17 |
| <b>15</b><br>Chili w/ Beans 25<br>Sweet Potato Cornbread 21<br>Cucumber Salad 6<br>Fruited Gelatin 28                                             | <b>16</b> <u>Fat Tuesday</u><br>Meatloaf 14/ Gravy 4<br>Mashed Potatoes 16<br>Green Beans, Onions & Bacon 10<br>Orange 14<br>Wheat Roll 13 | <b>17</b> <u>Ash Wednesday</u><br>Baked Cod 4<br>Cheesy Potatoes 20<br>Caribbean Blend Veg 7<br>Peaches 14<br>Blueberry Bran Muffin 34    | <b>18</b><br>Turkey Swedish Meatballs 13<br>Mashed Potatoes 16<br>Peas 9<br>Molded Cranberry Salad 34<br>Savory Garlic Bread 14                                        | <b>19</b><br>Fish Sandwich 18 / Bun 25<br>Ranch Potatoes 17<br>Northwest Vegetable Blend 8<br>Pineapple Coleslaw 15                                                            |
| <b>22</b><br>Swiss Steak 5<br>Garlic Mashed Potatoes 17<br>Braised Cabbage 8<br>Berry Parfait 27<br>Wheat Roll 13                                 | <b>23</b><br>Pork Chop Suey 19<br>Brown Rice 15<br>Green Beans 6<br>Fresh Pear 23<br>Hawaiian Roll 19<br>Fortune Cookie 3                  | <b>24</b><br>Chicken Alfredo 5<br>Penne 23<br>Broccoli 6<br>Sauteed Mushrooms 3<br>Grapes 8<br>Bread Stick 14                             | <b>25</b><br>Unbreaded Chick. Cordon Bleu 5<br>Mashed Potatoes 16<br>Rsted Broccoli & Red Peppers 7<br>Strawberries 24<br>Pumpkin Mousse 15<br>Snickerdoodle Cookie 18 | <b>26</b><br>Pollock Noodles 9<br>Red Sauce 12<br>Normandy Vegetable Blend 4<br>Peaches 14<br>Savory Garlic Bread 14<br>Choc. Coconut Pecan Pie 38                             |

Menus subject to change without notice. HDM Hotline: Call 633-3789 for changes in delivery by 9 am

Reservations are required. Please call. Numbers after each menu item indicate the number of carbohydrates in grams for that item.

Milk (13) is served at each meal.