

Monday	Tuesday	Wednesday	Thursday	Friday
1 C: Bible Study P: Noodle Ball C: Shake Loose a Memory Lunch C: You Be The Judge P: Noodle Ball C: Shake Loose a Memory	2 C: March EZ Does it Trivia P: Healthy Bodies C: Name that Occupation Lunch C: March EZ Does it Trivia P: Healthy Bodies C: Name that Occupation	3 C: Elder Trivia P: Balance Exercise C: Agree or Disagree? Lunch C: Elder Trivia P: Balance Exercise C: Agree or Disagree?	4 A: Hits of the 60's P: Ball Exercises C: Shooting the Breeze Lunch A: Hits of the 60's P: Ball Exercises C: Shooting the Breeze	5 C: Create-A-Word O: Soft Orange & Lemon Cookies C: Random Trivia Lunch C: Create-A-Word O: Soft Orange & Lemon Cookies C: Random Trivia
8 C: Bible Study P: Lower Body Stretch C: Sharpen Your Senses Lunch C: Musical Bingo P: Lower Body Stretch C: Sharpen Your Senses	9 C: Can You Picture This? P: Can Weights C: Storymatic Lunch C: Can You Picture This? P: Can Weights C: Storymatic	10 C: Bagpipes History & Facts P: Noodle Exercise C: Name that Memory Lunch C: Bagpipes History & Facts P: Noodle Exercise C: Name that Memory	11 C: Johnny Appleseed Trivia P: Resistance Bands C: Discover America Lunch C: Johnny Appleseed Trivia P: Resistance Bands C: Discover America	12 C: Remembering Springtime P: Bean Bag Exercise C: ABC Word Challenge Lunch C: Remembering Springtime P: Bean Bag Exercise C: ABC Word Challenge
15 C: Bible Study P: Bocce Ball C: Remembering Pets Lunch C: Elder Trivia P: Bocce Ball C: Remembering Pets	16 C: Recipe Recall P: Cardio Drumming C: Twister Trivia Lunch C: Recipe Recall P: Cardio Drumming C: Twister Trivia	17 C: Truth or Blarney? P: Shamrock Toss C: It's Not Easy Being Green Lunch  C: Truth or Blarney? P: Shamrock Toss C: It's Not Easy Being Green	18 C: March Madness Facts P: Basketball Toss C: Basketball Jargon Lunch  C: March Madness Facts P: Basketball Toss C: Basketball Jargon	19 C: What Do You See? O: Pistachio Pudding A: I Hear Memories Lunch C: What Do You See? O: Pistachio Pudding A: I Hear Memories
22 C: Bible Study P: Ball Exercises C: History of Greek Mythology Lunch C: Can You List It? P: Ball Exercises C: History of Greek Mythology	23 A: Musical Name Ten P: Arm Aerobics C: Discover America Lunch A: Musical Name Ten P: Arm Aerobics C: Discover America	24 C: Pastimes P: Bean Bag Bocce A: Finish The Song Lyrics Lunch C: Pastimes P: Bean Bag Bocce A: Finish The Song Lyrics	25 C: Old Wives' Tales O: Oatmeal Coconut Cookies C: Shake Awake Your Taste Lunch C: Old Wives' Tales O: Oatmeal Coconut Cookies C: Shake Awake Your Taste	26 A: Hits of the 50's P: Healthy Bodies C: Humorama Lunch A: Hits of the 50's P: Healthy Bodies C: Humorama
29 C: Bible Study P: Bean Bag Toss A: Real or Fake Song Titles Lunch C: Down Memory Lane P: Bean Bag Toss A: Real or Fake Song Titles	30 A: Hits of the 60's P: Me Moves Stretch C: Food of the World Lunch A: Hits of the 60's P: Me Moves Stretch C: Food of the World	31 C: Yesterdays Photos P: Broom Ball C: I Hear Memories Lunch C: Yesterdays Photos P: Broom Ball C: I Hear Memories		

Program Key: P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills

Program Schedule: 8:15AM, 9:15 AM, 10:15AM, 1:30PM, 2:30PM, 3:30PM

Birthdays: Tom B- 3/1, Steve Y- 3/12, Jerry S- 3/16, Michelle H- 3/18, Nancy H- 3/27, Leo W- 3/28