

Monday

Tuesday

Wednesday

Thursday

Friday



**HAPPY Labor Day**  
WE ARE CLOSED

**6** C: Me Moves/Six Words  
P: Dance Aerobics or Chair Yoga  
C: Funny Photo Captions or Seasons Choral  
*LUNCH*  
A: Finish the Song Lyrics or Advice Columns  
P: Baseball or Cardio Drumming  
A: Music Through the Decades  
P: Swatter Ball

**7** C: U.S History Trivia  
O: Mini Apple Pies or Healthy Bodies  
C: Word Teasers or Bible Study  
*LUNCH*  
C: Twister Trivia or Remembering Fall Sports  
P: Bean Bag Toss or Broom Ball  
C: Humorama  
C: Elder Trivia

**8** C: Country Life Trivia  
P: Lower Body Stretch or Octaband  
C: Can You Picture This? or Reminisce Through the Decades  
*LUNCH*  
A: **BirthDay Party w/ Dave & Sally** or Blurt  
P: Ladder Golf or Table Ball  
C: Theme Bingo  
C: Swatter Ball

**9** C: Finish the Phrase  
P: Noodle Ball or Healthy Bodies  
C: Melting Pot Trivia or Alphabetics  
*LUNCH*  
C: Ripley's Believe it or Not or Name Ten  
P: Bean Bag Toss or Football Toss  
C: Fact or Fiction  
A: Courtyard Choral

**13** C: Grandparents Day Trivia  
P: Ball Exercise or Can Weights  
E: **Spirituality-Pastor Paul** or Journey Through the 20th Century  
*LUNCH*  
C: Grandparents Wit & Wisdom or Tribond  
P: Bocce Ball or Original Ring Toss  
C: Celebrity Ages  
A: Select a Song

**14** C: Toys: Then and Now  
P: Arm Aerobics or Chair Yoga  
C: Eat Wear or Drive? or Mind Stretchers  
*LUNCH*  
C: Category Trivia or Create-A-Word  
P: Bowling or Baseball  
C: Celebrity Ages  
C: Finish The Phrase

**15** C: Alphabetics  
P: Resistance Bands or Arm Aerobics  
C: Hits of the 50s or Bible Study  
*LUNCH*  
A: **Music w/ Paul and Bobby** or Cards and Games  
P: Baseball or Soccer  
C: Recipe Recall  
C: Elder Trivia

**16** C: Pastimes  
O: Coffee Cake or Healthy Bodies  
C: Word Tree or Musical Dice  
*LUNCH*  
C: Jeopardy Trivia or Shake Loose A Memory  
P: Basketball Toss or Volleyball  
C: Everything I Need To Know  
P: Balloon Tap

**17** C: Name Ten  
P: Noodle Ball or Bean Bag Exercise  
C: Life Stories or Discover America  
*LUNCH*  
C: Daytime or Nighttime? or Elder Trivia  
P: Broom Ball or Table Ball  
C: Name Ten  
P: Swatter Ball

**20** C: Elder Trivia  
P: Lower Body Stretch or Ball Exercises  
E: **Spirituality with Pastor Paul** or Jeopardy  
*LUNCH*  
C: Name That State or Twister Trivia  
P: Cardio Drumming or Battle Ball  
C: Family Talk  
C: Yesterdays Photos

**21** C: Feel Good Stories  
P: Ball Exercise or Upper Body Stretch  
C: Last Letter Challenge or Quizmania  
*LUNCH*  
E: **Pet Therapy w/ Mango** or Mind Stretchers  
P: Ladder Golf or Choices  
C: Silly Sentences  
C: Tribond

**22** C: **Orchard of Trivia**  
O: **Caramel Apples** or Life Stories  
P: Noodle Ball or Bible Study  
*LUNCH*  
C: **Name Ten-Apples** or **Autumn Leaf Bowls**  
P: **Apple Toss** or Bowling  
C: **Autumn Bingo**  
C: Yesterdays Photos

**23** C: Say it with Music  
P: Octaband or Ball Exercises  
C: Melting Pot Trivia or Hat Chat  
*LUNCH*  
C: August Trivia or Shake Loose A Memory  
P: Bean Bag Bocce or Basketball  
C: Hangman  
C: Mind Joggers

**24** C: Silly Sentences  
P: Dance Aerobics or Bean Bag Exercises  
C: What's Next? or Elder Trivia  
*LUNCH*  
C: ABC Word Challenge or Country Hits  
P: Bowling or Toss 'n Talk  
C: Newspaper Headlines  
P: Battle Ball

**27** C: Words in Words  
P: Octaband or Upper Body Stretch  
C: **Spirituality-Pastor Paul** or Name Ten  
*LUNCH*  
C: Jeopardy or Six Words  
P: Jumbo Ring Toss or Table Ball  
C: What's Next?  
C: Newspaper Headlines

**28** C: Random Trivia  
P: Healthy Bodies or Movement and Music  
A: Finish the Song Lyrics or Word Tree  
*LUNCH*  
C: **Outing- The Wild Pumpkin** or Tribond  
P: Disc Golf or Musical Toss  
C: Fact or Fiction  
C: Choices

**29** C: Famous Faces  
P: Arm Aerobics or Dance Aerobics  
C: Twister Trivia or Musical Wheel of Fortune  
*LUNCH*  
E: **Pet Therapy w/ Duke** or Down Memory Lane  
P: Volleyball or Disc Golf  
C: Guinness Book of World Records  
C: Newspaper Headlines

**30** C: Memories & Musings  
P: Can Weights or Dance Aerobics  
C: Name That Occupation or Word Tree  
*LUNCH*  
A: iPad: Games or Storylines  
P: Hoop Dice or Hoop Toss  
C: Last Letter Challenge  
P: Swatter Ball

9/22- Apple Day  
9/28- Outing to The Wild Pumpkin

**Program Key:** P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills

**Birthdays:** Ella B- 9/2, Mary Ann- 9/9, Diane C- 9/9, Craig C- 9/14, Lorrie R- 9/18, Agnes S- 9/19, Franny G- 9/21, Lisa Y- 9/29

**Program Schedule:** 9:00AM, 10:00 AM, 11:00AM, 1:00PM, 2:00PM, 3:00PM, 4:00PM