

LUNCH MENU • MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheddar Burger w/ Fried Onions 3 Hamburger Bun 25 Ranch Potatoes 18 Cukes 'n Vinegar 7 Molded Applesauce Salad 22	3 Pollock Fillet 21 Baked Potato 18 Whole Green Beans 6 Greek Pasta Salad 26 Grapes 16	4 Pulled Pork 10 / Bun 25 Roasted Red Potatoes 24 Cauliflower w/ Butter Parsley Sauce 5 Fresh Blueberries 15	5 <u>CINCO DE MAYO</u> Fiesta Chicken 22 Brown Rice 27 Corn 23 Tossed Salad 3 Kiwi 11	6 <u>MOTHER'S DAY LUNCH</u> Roast Beef 2 Beef Gravy 4 Mashed Potatoes 16 Dilled Carrots 9 Strawberry Angel Food Shortcake 41 French Bread Roll 19
9 Crispy Chicken 9 Cheesy Potatoes 20 Broccoli 6 Fruit Cup 13 Hawaiian Roll 19 / Margarine	10 Beef Stroganoff 7 / Fettuccini 16 Peas & Carrots 12 Apple 21 Multi-Grain Swirl Bread 23	11 Turkey Reuben Sandwich 7 Whole Grain Sub Bun 28 Roasted Red Potatoes 24 Roasted Rainbow Carrots 9 Prunes 23	12 Pineapple Pork Loin 17 Brown Rice 27 Green Beans, Peppers & Onions 9 Pear 23 Wheat Roll 12	13 Chicken & Broccoli Penne 17 Bread Stick 14 Tomato Salad 4 Peaches 14 Triple Chocolate Cookie 31
16 Meatloaf 14 Mashed Potatoes 16 Gravy 4 Red Cabbage 17 Peaches 14	17 Pork Chop Suey 19 Brown Rice 17 Green Beans 6 Tossed Salad 3 Pear 23 Fortune Cookie 3	18 Philly Sloppy Joes 27 Dilled Carrots 9 Tomato Salad 4 Grapes 16 Chocolate Milk 20	19 BBQ Chicken Breast 18 Ranch Potatoes 18 Corn 23 Blueberries 15 Hawaiian Roll 19	20 Fish Sandwich 18 Hamburger Bun 25 Roasted Red Potatoes 24 Marinated Carrots 9 Kiwi 11
23 Ginger Chicken & Asparagus 14 Brown Rice 27 Carrots Blueberries 15 Hawaiian Roll 19	24 Pub Burger 2 Hamburger Bun 25 Ranch Potatoes 18 Baked Beans 30 Tomato & Lettuce 4 Melon 9	25 Roast Pork 1 / Gravy 4 Mashed Potatoes 16 Red Cabbage 17 Apple 22 Wheat Roll 15	26 Fish Tenders 22 Baked Potato 18 Roasted Broccoli & Red Peppers 6 Greek Pasta Salad 26 Grapes 16	27 <u>MEMORIAL DAY LUNCH</u> Chicken Ranch Sandwich 34 Creamy Bacon Dressing 1 Green Beans 6 Marinated Potato Salad Molded Applesauce Salad 22
30 <u>MEMORIAL DAY</u> Centers Closed	31 Grilled Stuffed Salmon 19 Roasted Peppers, Onions & Potatoes 16 Broccoli 6 Fresh Pear 23 Naan Bread 20	1 Lemon Pepper Chicken 1 Parsley Potatoes 20 Asparagus 4 Ambrosia Salad 31 Chocolate Chip Cookie 18	2 Ham Steak 5 Pineapple Sauce 8 Baked Potato 18 Green Beans 6 Orange 14 Triple Chocolate Cookie 31	3 Chicken Bowl 42 Roasted Rainbow Carrots 9 Tossed Salad 3 Banana 27

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend: Sanford: (989) 687-7888 • Coleman: (989) 465-6216
 Trailside: (989) 633-3790 • Mills: (989) 633-3788 • Greendale: (989) 832-8683. Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice. Numbers after each menu item indicate the number of carbohydrates in grams for that item. Milk (13) is served with each meal.