


Monday	Tuesday	Wednesday	Thursday	Friday
11/9- Outing to Big Boy 11/16- Thanksgiving Celebration 11/24- Closed 11/25- Closed	C: Storymatic P: Octaband or Lower Body Stretch A: Retro Videos or Elder Trivia <i>LUNCH</i> C: Pick The Part or I Hear Memories P: Bowling C: Name Ten A: Art Expression	C: Memories & Musings P: Dance Aerobics or Healthy Bodies C: Bible Study or Twister Trivia <i>LUNCH</i> C: Newspaper Headlines or Music Through the Decades P: Ladder Golf C: You Be The Judge C: Finish the Phrase	C: Elder Trivia P: Lower Body Exercise or Healthy Bodies C: Fact or Fiction or Say It With Music <i>LUNCH</i> A: Music with Merry and Leo P: Bean Bag Toss A: Cards & Games P: Pastimes	C: What Do You Know P: Healthy Bodies or Movement & Music C: Words in Words or What's that Occupation <i>LUNCH</i> C: Card Sharks or Seasons Choral P: Football Toss C: Rhythm Band C: Yesterdays Photos
C: Yesterdays Photos P: Ball Exercises or Arm Aerobics E: Spirituality-Pastor Schneider or Family Feud <i>LUNCH</i> E: Color Finish Lines or Memory Chain P: Ring Toss C: Hat Chat P: Swatter Ball	C: iPad Fun Facts O: Savory Stuffing Balls or Quizmania P: Noodle Ball w/ Renee & Girls <i>LUNCH</i> A: Birthday Party with Dave & Sally P: Broom Ball C: Card Bingo P: Table Ball	C: Toss and Talk Ball P: Healthy Bodies or Movement & Music C: Bible Study or Hits of the 60's <i>LUNCH</i> E: Outing to Big Boy or Six Words P: Disc Golf C: November Trivia P: Balloon Tap	O: Breakfast & Conversation C: Name Ten or Storymatic P: Healthy Bodies or Dance Aerobics <i>LUNCH</i> C: Brain Drain or Musical Wheel of Fortune P: Texas Horseshoes A: Finishing Lyrics C: Pastimes	C: American Military Trivia A: Encore Strings or Color Finish Lines P: Bean Bag Exercise or Dance Aerobics <i>LUNCH</i> C: Word Wonders or I Hear Music P: Star Toss A: Patriotic Sing Along P: Balloon Tap
C: Elder Trivia C: Breaking Bread in November Trivia E: Spirituality-Pastor Schneider or Resistance Bands <i>LUNCH</i> C: Family Feud or Trivia Treasury P: Floor Darts or Family Talk C: Cards & Games P: Table Ball	C: Create-a-Word P: Resistance Bands or Healthy Bodies C: Spaceman or Life in the 50's <i>LUNCH</i> C: iPad: Chain of Thought or Name That State P: Bean Bag Bocce C: Memories & Musings C: Choices	C: Turkey Day Trivia P: Resistance Bands or Healthy Bodies C: Bible Study or Remembering the Thanksgiving Table <i>Thanksgiving Lunch</i> C: Name Ten- Thanksgiving or Tribond P: Turkey Toss C: Silly Sentences C: Family Talk	C: Shake Loose a Memory O: Brown Sugar Spice Cookies or Healthy Bodies C: TED Talk or Sing, Dance & Reminisce <i>LUNCH</i> A: Native American Flutes C: Humorama P: Target Darts A: 50's Sing Along	C: School Days Trivia P: Ball Exercises or Me Moves Stretch C: Five Clue or Music Bingo <i>LUNCH</i> P: Volleyball or Octaband C: Family Memory Lane C: Metaphors P: Swatter Ball
C: Fascinating Facts P: Core Exercises or Healthy Bodies E: Spirituality-Pastor Schneider or You Be the Judge <i>LUNCH</i> A: Say it with Music or Sharpen Your Senses P: Ladder Golf C: Melting Pot Trivia A: Cards and Games	C: iPad: Fun Facts O: PB Butterscotch Pie or Healthy Bodies A: Windsong Music Performance <i>LUNCH</i> A: Seasons Choral or Storylines P: Cardio Drumming C: Country Trivia C: Mind Joggers	C: Can You List It? P: Healthy Bodies or Bean Bag Exercise C: Bible Study or Turkey Tickers <i>LUNCH</i> C: Gratitude Turkey or Musical Dice P: Bean Bag Bocce C: Finish the Phrase A: Sing Along with Suzie Q		
C: Easy Does It Trivia A: Word Teasers or Choices E: Spirituality-Pastor Schneider or Arm Aerobics <i>LUNCH</i> A: Finish the Song Lyrics or Guess in 10 P: Washer Toss C: ABC Word Challenge C: Family Talk	C: Words in Words P: Ball Exercises or Healthy Bodies A: Red Hat Strutters <i>LUNCH</i> C: Old Wives Tales or Name That Bird P: Broom Ball C: Card Bingo P: Table Ball	C: Me Moves/Memory Chain O: Dance Aerobics or Arm Aerobics C: Bible Study or Finishing Lines <i>LUNCH</i> C: iPad: Chain of Thought or Word Tree C: I Hear Memories P: Velcro Darts A: Musical Connections		

Program Key: P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills

Birthdays: Alice C-11/1, Judy N-11/8, Christin-11/8, Dee S-11/9, Jim W-11/13, Marge H-11/14, Buck C-11/15, Bill L-11/26

Program Schedule: 9:00AM, 10:00 AM, 11:00AM, 12:45PM, 1:45PM, 2:45PM, 3:45PM