

Monday

Tuesday

Wednesday

Thursday

Friday



<p>C: Storymatic P: Arm Aerobics or Healthy Bodies E: Spirituality with Pastor Paul or Kwizniac <i>LUNCH</i> P: Paint Class w/ Merry & Leo or Weather Sing Along P: Target Darts C: Silly Sentences C: Family Talk</p>	<p>A: Sing Along with Suzie Q C: Reminiscence Bingo or I Hear Memories P: Can Weights or Lower Body Stretch <i>LUNCH</i> C: Thingamajis or Famous Faces P: Bowling C: Spaceman P: Table Ball</p>	<p>C: March Trivia P: Ball Exercise or Arm Aerobics C: Bible Study or Shake Awake Your Taste <i>LUNCH</i> C: Name Ten or Which Happened Last? P: Bowling C: I Hear Memories C: Choices</p>	<p>A: Seasons Choral P: Resistance Bands or Can it Weights C: Last Letter Challenge or Finishing Lines <i>LUNCH</i> A: Music with Merry & Leo P: Laddergolf C: Blurt C: Cards & Games</p>	<p>C: Wildlife Day Trivia P: Bean Bag Exercise or Healthy Bodies C: Can You List It? or Mind Joggers <i>LUNCH</i> C: Hoover Dam Documentary or Hits of the 50s P: Texas Horseshoes C: Melting Pot C: Pastimes</p>
<p>C: Daylight Savings Trivia P: Can Weights or Core Exercises E: Spirituality with Pastor Paul or Blurt <i>LUNCH</i> P: Spaceman or Buzzword C: Bean Bag Bocce A: Seasons Choral C: Toss 'n Talk Ball</p>	<p>C: Weather Trivia P: Ball Exercises or Healthy Bodies C: March Madness Trivia or Sharpen Your Senses <i>LUNCH</i> P: Noodleball with Renee and Girls A: Hits of the 60's C: Memory Lane Games C: Cards and Games</p>	<p>C: Elder Trivia P: Arm Aerobics or Healthy Bodies C: Would You Rather? or Bible Study <i>LUNCH</i> E: Pet Therapy with Mango or Pasta, Plant, or Fast Car? P: Bean Bag Toss A: Musical Dice P: Swatter Ball</p>	<p>C: Memories & Musings P: Dance Aerobics or Bean Bag Exercise C: Advice Columns or Shake Awake Your Taste <i>LUNCH</i> C: Silly Sentences or Musical Toss P: Ladder Golf C: Name Ten A: Country Music Sing Along</p>	<p>C: Luck of the Irish Trivia O: Mint Chocolate Chip Cookies or Healthy Bodies C: Rhyme Time or Songs of Ireland <i>LUNCH</i> A: History of Irish Dance or Lucky Bingo P: Shamrock Toss C: It's Not Easy Being Green C: Truth or Blarney</p>
<p>C: Springtime Trivia P: Arm Aerobics or Movement and Music E: Spirituality with Pastor Paul or Last Letter Challenge <i>LUNCH</i> C: Flower Bingo or Springtime Sing Along P: Football Toss C: Fact or Fiction C: Choices</p>	<p>C: Shake Loose a Memory P: Bean Bag Exercise or Arm Aerobics C: iPad Chain of Thought or Elder Trivia <i>LUNCH</i> C: TED Talk or What's that Occupation? P: Bowling A: Hits of the 50's A: Art Expression</p>	<p>C: iPad Fun Facts P: Healthy Bodies or Dance Aerobics E: Bible Study or Pet Therapy with Duke <i>LUNCH</i> C: Irish Dancers P: Volleyball A: Finish the Song Lyrics C: Pastimes</p>	<p>C: Word Connections P: Ball Exercises or Arm Aerobics C: Journey through the 20th Century or Yesterdays Photos <i>LUNCH</i> A: Native American Flutes or Seasons Choral P: Horseshoes A: I Hear Memories C: Finish the Phrase</p>	<p>C: Me Moves/Memory Chain P: Can Weights or Healthy Bodies C: Family Memory Lane or Discover America <i>LUNCH</i> C: What Do You See? or Retro Videos P: Ladder Golf C: Can You List It? A: Musical Connections</p>
<p>C: iPad Chatoms P: Healthy Bodies E: Spirituality with Pastor Paul or Name Ten <i>LUNCH</i> A: Sing, Dance, and Reminisce or Big Band Interactive Trivia P: Basketball C: iPad Fun Facts P: Balloon Tap</p>	<p>C: Easy Does It Trivia P: Upper Body Stretch or Octaband C: Last Letter Challenge or Finishing Lines <i>LUNCH</i> C: Brain Drain or School Days Trivia P: Axe Throwing A: I Hear Music P: Yesterdays Photos</p>	<p>C: Fascinating Facts P: Arm Aerobics or Healthy Bodies C: Bible Study or Clue Trivia <i>LUNCH</i> C: Word Teasers or Shake Loose a Memory P: Broomball A: Sing Along with Susie Q P: Family Talk</p>	<p>C: Melting Pot P: Dance Aerobics or Bean Bag Exercise C: Family Feud or Trivia Treasury <i>LUNCH</i> C: Words in Words or Music Through the Decades P: Disc Golf C: You Be The Judge A: Country Music Sing Along</p>	<p>C: Toss 'n Talk Ball P: Balance Exercise or Movement & Music C: Discover America or Twister Trivia <i>LUNCH</i> A: Biopoem or Seasons Choral P: Noodle Ball C: Country Trivia C: Mind Joggers</p>

Program Key: P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills

Program Schedule: 9:00AM, 10:00 AM, 11:00AM, 12:45PM, 1:45PM, 2:45PM, 3:45PM

Birthdays: Mark P 3/9, Dennis C 3/14, Yvonne D 3/16, Wilma D 3/21, Brenda 3/27