




# CENTER LUNCH MENU • MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 Chicken Pot Pie** Strawberries & Blueberries* Naan Flatbread*	27 Stuffed Pepper w/Spaghetti Sauce* Roasted Red Potatoes** Baby Carrots Kiwi* Wheat Roll*	28 Meatloaf * Mashed Potatoes* Meat Loaf Gravy Roasted Brussels Sprouts* Peaches* French Bread Roll*	29 Chicken Parmesan* Spaghetti Noodles* Broccoli Red Grapes*	1 <u>MARCH</u> Pork Fritter* Parsley Potatoes* Stewed Apples* Cucumbers n' Vinegar Wheat Roll*
4 Lemon Pepper Chicken Ranch Potatoes** California Blend Vegetables Naan Flatbread* Ambrosia Salad**	5 Stuffed Green Pepper w/Spagheti Sauce* Roasted Red Potatoes** Golden Delicious Apple* Bread Stick*	6 Chicken Parmesan* over Spaghetti Noodles* Broccoli Red Grapes*	7 Beef & Broccoli* over Brown Rice** Braised Cabbage Burst O Berries* Almond Lemon Bar*	8 Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**
11 Smothered Chicken Cauliflower w/Parsley Butter Sauce Kiwi* Pistachio Fluff** Rye Bread*	12 Meat & Veggie Pizza** Peas & Carrots* Fruited Gelatin*	13 Meatloaf* w/Gravy Mashed Potatoes* Cut Green Beans Fresh Strawberries* French Bread Roll*	14 Orange Chicken** over Brown Rice** Asparagus Red Delicious Apple* Fortune Cookie	15 Fish Tenders* Smashed Baked Potato* Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*
18 Turkey Reuben with Pub Bun** Kiwi * Raisins ** Shamrock Poke Cake **	19 Chicken Enchiladas*** Spanish Rice* Cucumber & Tomato Salad 2 Clementine*	20 Stuffed Salmon w/Alfredo Sauce* Brussel Sprouts w/Apples* Kiwi* Blueberry Muffin**	21 Sweet Honey Chicken Tenders** over Mac & Cheese* Dilled Carrots* Strawberries & Blueberries*	22 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread*
25 French Dip** Ranch Potatoes** Cucumber & Tomato Salad Golden Delicious Apple*	26 Chicken Cordon Bleu* with Alfredo Sauce Roasted Red Potatoes** Braised Red Cabbage with Apples* Applesauce Salad**	27 <u>EASTER CELEBRATION</u> Smoked Honey Ham Steak Cheesy Potatoes** Asparagus Fresh Plum* Hawaiian Roll* Carrot Cake*** 	28 Cheesy Chicken Smashed Baked Potato* Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	29 <u>GOOD FRIDAY</u>  All Centers Closed

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

\* = 15 gm carbohydrate. If there is no (\*) by an item, there are little-no carbohydrates in that food item. Milk\* is served with each meal.