




SENIOR SERVICES

www.SeniorServicesMidland.org
989-633-3700

CENTER HOT MENU • APRIL 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25 MARCH		26		27 EASTER CELEBRATION		28		29 GOOD FRIDAY	
French Dip** Ranch Potatoes** Cucumber & Tomato Salad Golden Delicious Apple*		Chicken Cordon Bleu* with Alfredo Sauce Roasted Red Potatoes** Braised Red Cabbage with Apples* Applesauce Salad**		Smoked Honey Ham Steak Cheesy Potatoes** Asparagus Fresh Plum* Hawaiian Roll* Carrot Cake*** 		Cheesy Chicken Smashed Baked Potato* Peas & Carrots* Fresh Blueberries* Hawaiian Roll*		All Centers Closed	
1 APRIL		2		3		4		5	
Lemon Pepper Chicken Ranch Potatoes** California Blend Vegetables Naan Flatbread* Ambrosia Salad**		Stuffed Green Pepper w/Spagheti Sauce* Roasted Red Potatoes** Golden Delicious Apple* Bread Stick*		Chicken Parmesan* over Spaghetti Noodles* Broccoli Red Grapes*		Beef & Broccoli* over Brown Rice** Braised Cabbage Burst O Berries* Almond Lemon Bar*		Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**	
8		9		10		11		12	
Smothered Chicken Cauliflower w/ Parsley Butter Sauce Kiwi* Pistachio Fluff** Rye Bread*		Meat & Veggie Pizza** Peas & Carrots* Fruited Gelatin*		Meatloaf* w/Gravy Mashed Potatoes* Cut Green Beans Fresh Strawberries* French Bread Roll*		Orange Chicken** over Brown Rice** Asparagus Red Delicious Apple* Fortune Cookie		Fish Tenders* Smashed Baked Potato* Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*	
15		16		17		18		19	
Chicken Bowl*** Corn* Strawberries**		Chicken Enchiladas*** Spanish Rice* Cucumber & Tomato Salad 2 Clementine*		Stuffed Salmon w/ Alfredo Sauce* Brussels Sprouts w/Apples* Kiwi* Blueberry Muffin**		Honey Chicken Tenders** over Mac & Cheese* Dilled Carrots* Strawberries & Blueberries*		Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread*	
22		23		24		25		26	
French Dip** Ranch Potatoes** Cucumber & Tomato Salad Golden Delicious Apple*		Chicken Cordon Bleu* with Alfredo Sauce Roasted Red Potatoes** Braised Red Cabbage with Apples* Applesauce Salad**		Smoked Honey Ham Steak Parsley Potatoes* Broccoli Red Grapes* Carrot Cake***		Cheesy Chicken Smashed Baked Potato* Peas & Carrots* Fresh Blueberries* Hawaiian Roll*		Crispy Fish Fillet* Macaroni & Cheese* Peas & Carrots* 2 Clementines* French Bread Roll*	
29		30							
Lemon Pepper Chicken Ranch Potatoes** California Blend Vegetables Naan Flatbread* Ambrosia Salad**		Stuffed Green Pepper w/Spagheti Sauce* Roasted Red Potatoes** Golden Delicious Apple* Bread Stick*							


All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.

Meals on Wheels Cold MENU • APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 MARCH Pork & Provolone Sandwich with Pub Bun** Navy Bean Salad* Strawberries & Blueberries*	26 Taco Salad Taco Chips** & Salsa Peaches* Banana Pudding with Vanilla Wafers**	27 Tuna Pasta Salad** Cucumbers 'n Cream Golden Delicious Apple* Confetti Filled Cookie**	28 Asian Chicken Salad w/Almonds** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	29 GOOD FRIDAY All Centers Closed
1 APRIL Cottage Cheese & Fruit** Navy Bean Salad* Grape Juice* Peanut Butter Cookie*	2 Almond Lemon Chicken Peas & Peanut Salad* Red Grapes* Hawaiian Roll*	3 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Apple Walnut Buttermilk Muffin**	4 Tuna Pasta Salad** Confetti Bean Salad* 2 Clementine* Sourdough Bread*	5 Chicken & Bean Salad** Apple Raisin Carrot Salad* Green Grapes* Poppyseed Bread**
8 Crispy Chicken & Colby Jack Cheese w/ Hamburger Bun** Red Beans & Pasta Salad** Strawberries*	9 Mexican Chicken Salad Taco Chips** & Salsa Fresh Plum* Banana Pudding w/ Vanilla Wafers**	10 Egg Salad Confetti Bean Salad* Grape Juice* Wheat Sweet Yeast Roll**	11 Million Dollar Chicken Salad w/ Bacon & Sunflower Seeds Broccoli Citrus Salad* Fresh Pear** Cinnamon Swirl Bread*	12 Meatloaf* Sandwich with Rye Bread** Cucumbers 'n Cream Banana**
15 Tuna Salad Corn Salad* Fresh Plum* Raisins** Wheat Sweet Yeast Roll**	16 Chicken Walford Salad Greek Pasta Salad* Fresh Pear** Grape Juice* Rye Bread**	17 Cabbage and Ham Salad* Golden Delicious Apple* French Bread Roll* Tapioca Pudding**	18 Chicken Tortellini Salad** Apple Raisin Carrot Salad* Kiwi* Peanut Butter Cookie*	19 Turkey & Colby Sandwich with Pub Bun** Corn Salad* Red Delicious Apple* Oatmeal Cookie*
22 Pork & Provolone Sandwich with Pub Bun** Navy Bean Salad* Strawberries & Blueberries*	23 Taco Salad Taco Chips** & Salsa Peaches* Banana Pudding with Vanilla Wafers**	24 Tuna Pasta Salad** Cucumbers 'n Cream Golden Delicious Apple* Confetti Filled Cookie**	25 Asian Chicken Salad w/ Almonds** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	26 Chicken Pasta Salad** Pickled Beets Banana** Wheat Sweet Yeast Roll**
29 Cottage Cheese & Fruit** Navy Bean Salad* Grape Juice* Peanut Butter Cookie*	30 Almond Lemon Chicken Peas & Peanut Salad* Red Grapes* Hawaiian Roll*			

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.