



CENTER HOT MENU • APRIL 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25 MARCH French Dip** Ranch Potatoes** Cucumber & Tomato Salad Golden Delicious Apple*		26 Chicken Cordon Bleu* with Alfredo Sauce Roasted Red Potatoes** Braised Red Cabbage with Apples* Applesauce Salad**		27 EASTER CELEBRATION Smoked Honey Ham Steak Cheesy Potatoes** Asparagus Fresh Plum* Hawaiian Roll* Carrot Cake*** 		28 Cheesy Chicken Smashed Baked Potato* Peas & Carrots* Fresh Blueberries* Hawaiian Roll*		29 GOOD FRIDAY All Centers Closed	
1 APRIL Lemon Pepper Chicken Ranch Potatoes** California Blend Vegetables Naan Flatbread* Ambrosia Salad**		2 Stuffed Green Pepper w/Spagheti Sauce* Roasted Red Potatoes** Golden Delicious Apple* Bread Stick*		3 Chicken Parmesan* over Spaghetti Noodles* Broccoli Red Grapes*		4 Beef & Broccoli* over Brown Rice** Braised Cabbage Burst O Berries* Almond Lemon Bar*		5 Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**	
8 Smothered Chicken Cauliflower w/ Parsley Butter Sauce Kiwi* Pistachio Fluff** Rye Bread*		9 Meat & Veggie Pizza** Peas & Carrots* Fruited Gelatin*		10 Meatloaf* w/Gravy Mashed Potatoes* Cut Green Beans Fresh Strawberries* French Bread Roll*		11 Orange Chicken** over Brown Rice** Asparagus Red Delicious Apple* Fortune Cookie		12 Fish Tenders* Smashed Baked Potato* Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*	
15 Chicken Bowl*** Corn* Strawberries**		16 Chicken Enchiladas*** Spanish Rice* Cucumber & Tomato Salad 2 Clementine*		17 Stuffed Salmon w/ Alfredo Sauce* Brussels Sprouts w/Apples* Kiwi* Blueberry Muffin**		18 Honey Chicken Tenders** over Mac & Cheese* Dilled Carrots* Strawberries & Blueberries*		19 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread*	
22 French Dip** Ranch Potatoes** Cucumber & Tomato Salad Golden Delicious Apple*		23 Chicken Cordon Bleu* with Alfredo Sauce Roasted Red Potatoes** Braised Red Cabbage with Apples* Applesauce Salad**		24 Smoked Honey Ham Steak Parsley Potatoes* Broccoli Red Grapes* Carrot Cake***		25 Cheesy Chicken Smashed Baked Potato* Peas & Carrots* Fresh Blueberries* Hawaiian Roll*		26 Crispy Fish Fillet* Macaroni & Cheese* Peas & Carrots* 2 Clementines* French Bread Roll*	
29 Lemon Pepper Chicken Ranch Potatoes** California Blend Vegetables Naan Flatbread* Ambrosia Salad**		30 Stuffed Green Pepper w/Spagheti Sauce* Roasted Red Potatoes** Golden Delicious Apple* Bread Stick*							


All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.

Meals on Wheels Cold MENU • APRIL 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
25 MARCH Pork & Provolone Sandwich with Pub Bun** Navy Bean Salad* Strawberries & Blueberries*		26 Taco Salad Taco Chips** & Salsa Peaches* Banana Pudding with Vanilla Wafers**		27 Tuna Pasta Salad** Cucumbers 'n Cream Golden Delicious Apple* Confetti Filled Cookie**		28 Asian Chicken Salad w/Almonds** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**		29 GOOD FRIDAY All Centers Closed	
1 APRIL Cottage Cheese & Fruit** Navy Bean Salad* Grape Juice* Peanut Butter Cookie*		2 Almond Lemon Chicken Peas & Peanut Salad* Red Grapes* Hawaiian Roll*		3 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Apple Walnut Buttermilk Muffin**		4 Tuna Pasta Salad** Confetti Bean Salad* 2 Clementine* Sourdough Bread*		5 Chicken & Bean Salad** Apple Raisin Carrot Salad* Green Grapes* Poppyseed Bread**	
8 Crispy Chicken & Colby Jack Cheese w/ Hamburger Bun** Red Beans & Pasta Salad** Strawberries*		9 Mexican Chicken Salad Taco Chips** & Salsa Fresh Plum* Banana Pudding w/ Vanilla Wafers**		10 Egg Salad Confetti Bean Salad* Grape Juice* Wheat Sweet Yeast Roll**		11 Million Dollar Chicken Salad w/ Bacon & Sunflower Seeds Broccoli Citrus Salad* Fresh Pear** Cinnamon Swirl Bread*		12 Meatloaf* Sandwich with Rye Bread** Cucumbers 'n Cream Banana**	
15 Tuna Salad Corn Salad* Fresh Plum* Raisins** Wheat Sweet Yeast Roll**		16 Chicken Walforf Salad Greek Pasta Salad* Fresh Pear** Grape Juice* Rye Bread**		17 Cabbage and Ham Salad* Golden Delicious Apple* French Bread Roll* Tapioca Pudding**		18 Chicken Tortellini Salad** Apple Raisin Carrot Salad* Kiwi* Peanut Butter Cookie*		19 Turkey & Colby Sandwich with Pub Bun** Corn Salad* Red Delicious Apple* Oatmeal Cookie*	
22 Pork & Provolone Sandwich with Pub Bun** Navy Bean Salad* Strawberries & Blueberries*		23 Taco Salad Taco Chips** & Salsa Peaches* Banana Pudding with Vanilla Wafers**		24 Tuna Pasta Salad** Cucumbers 'n Cream Golden Delicious Apple* Confetti Filled Cookie**		25 Asian Chicken Salad w/ Almonds** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**		26 Chicken Pasta Salad** Pickled Beets Banana** Wheat Sweet Yeast Roll**	
29 Cottage Cheese & Fruit** Navy Bean Salad* Grape Juice* Peanut Butter Cookie*		30 Almond Lemon Chicken Peas & Peanut Salad* Red Grapes* Hawaiian Roll*							

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