|  | Tuesday | , | Thursday | riday |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Health Services |  | C: March Fun Facts <br> P: Bean Bag Exercise <br> A/C: Hits of the 50's or Finishing Lines <br> LUNCH <br> P: Floor Darts <br> C: Create a Word or Sharpen your Senses <br> C: The Good Old Days <br> C: Alphabetics |
| E: Sock it to Me <br> P: Arm Aerobics <br> E: Spirituality with Pastor Paul or Kwizniac LUNCH <br> A: Paint Class w/ Merry \& Leo or Musical Twister <br> P: Ladder Golf <br> A: Music Through the Decades <br> C: Name that Memory | C: iPad Memory Lane Games  <br> P/O: Core Exercise or Oatmeal Raisin  <br> Cookies  <br> C/A: Word Connections or Musical Toss  <br> LUNCH  <br> P: Battle Buckets  <br> C/A: How Do They Make That? or ABC Word  <br> Challenge  <br> E: I Hear Memories  <br> C: Conversation Cards  | C: Elder Trivia <br> P: Can Weights <br> C: Bible Study or Metaphors LUNCH <br> E/A:Pet Therapy with Billy or Elvis Sing <br> Along <br> P: Bean Bag Bocce <br> E: Retro Videos <br> C: Have You Ever? | C: Trivia Time <br> P: Upper Body Stretch <br> C: How Do They Make That? or Twister Trivia <br> LUNCH <br> A: Music with Merry and Leo <br> P: Hoop Toss <br> E: Remembering the Library <br> C: Finish the Phrase | C: School Days Trivia <br> P: Bean Bag Exercise <br> C/A: Notable Women Trivia or Name that 60's <br> $\quad$ Tune <br> P: Basketball <br> C:Jeopardy or Academy Awards Songs <br> E: Guinness Book of World Records <br> C: Brain Drain |
| C: Fact or Fiction <br> P: Ball Exercise <br> E: Spirituality with Pastor Paul or Mind Stretchers LUNCH <br> C: Famous Faces or Name Ten <br> P: Bean Bag Toss <br> A: Sing, Dance, Reminisce <br> C: Memories and Musings | C: Down Memory Lane <br> P: Upper Body Stretch <br> A: Name that State or Music Trivia LUNCH <br> C: Observation Challenge or Finishing Lyrics <br> P: Bowling <br> C: The Price is Right <br> C: Pastimes | C: Random Trivia <br> P: Bean Bag Exercise <br> C: Bible Study or Name That Tune LUNCH <br> P: Noodle Ball <br> E/C: Which Happened First? or 50's Fun Sing Along <br> E: The Name Game <br> C: Kids Say the Darndest Things | C: Fascinating Facts <br> P: Dance Aerobics <br> C/E: March Madness Trivia or Finish the Song Lyrics LUNCH <br> P: Basketball <br> C: Silly Sentences or Trivia Treasury <br> E: Traveling Tunes <br> C: Yes, I Have | E: Brain Boosters <br> P: Healthy Bodies <br> A/C: Art Appreciation or Shake Awake Your Taste LUNCH <br> E/A: Pet Therapy with Duke Or Musical <br> Wheel of Fortune <br> P: Texas Horseshoes <br> E: History of Dr. Pol <br> C: Book of Firsts |
| C: It's Not Easy Being Green <br> P: Chair Yoga with Keri <br> A: Jolly Hammers Performance <br> ST. PATRICK'S DA Y LUNCH <br> P: Shamrock Toss <br> C/A: Rhyme Time or Remembering Irish Songs <br> C: The Luck of the Irish <br> C: Truth or Blarney | C: Spring Trivia <br> P: Arm Aerobics or Spring Craft <br> E/C: Spirituality with Pastor Paul or Spring Name 10 LUNCH <br> P: Disc Golf <br> C/A: Spring Words in Words Or Springtime Sing Along <br> C: Do You Hear What I Hear? <br> A: Melting Pot Trivia | C: 10 Keys to Happiness <br> P: Smiley Face Exercise <br> C: Bible Study or See You in the Funnies LUNCH <br> P: Shuffle Putt <br> C/A: Science of a Smile or Select a Song <br> C: Won't You Be My Neighbor? <br> C: Humorama | C: Good Old Days <br> P: Resistance Band Exercise <br> C/A: Scattergories or Grandmas Parlour Sing Along LUNCH <br> P: Ring Toss <br> C: Three Letters or Clue Trivia <br> C: History of M\&Ms <br> C: Mind Joggers | C:Little Known Facts <br> P: Can Weights <br> C: Card Bingo or Name That Instrument 2 LUNCH <br> P: Target Darts <br> E/A: Travelogue: New Jersey or Everyday Life Trivia <br> C: Popcorn and A Show <br> C: Treasured Memories |
| C: Category Trivia <br> P: Upper Body Stretch <br> E: Spirituality with Pastor Paul or Quizmania <br> LUNCH <br> A: Irish Dancer Performance <br> P: Top Toss <br> C: Remembering Chores <br> C: Conversation Cards | C: Me Moves/Memory Chain <br> P: Bean Bag Exercise <br> C/A: Recipe Recall or Sizzling 70's Sing Along LUNCH <br> P: Disc Golf <br> C: iPad Chain of Thought or A to Z Trivia <br> A: Guess the Movie by the Song <br> C: Country Life Trivia | C: Easter Trivia <br> P/O: Dance Aerobics or Easter Baking <br> C/A: Name 10 or Seasons Choral EASTER LUNCH <br> P: Easter Toss <br> A/C: Scrambled Egg Word or <br> Easter Heartwarmers <br> C: Easter Egg Roll History <br> C: Bunny Funnies | E: Classic TV Commercials <br> P: Core Exercise <br> C: What Would You Do? or Word Teasers LUNCH <br> C/A: Native American Flutes or Word <br> Wonders <br> P: Football Toss <br> C: Yesterdays Photos <br> P: Zig Zag Zoom |  |

Program Key: P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills
Program Schedule: 9:00AM, 10:00 AM, 11:00AM, 12:45PM, 1:45PM, 2:45PM, 3:45PM

