



SENIOR SERVICES
www.SeniorServicesMidland.org
989-633-3700

CENTER HOT MENU • JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork Chop Suey* over Brown Rice** Apple Blueberry Crisp** Clementine* Fortune Cookie	4 Tater Tot Casserole* Stewed Apples* Wheat Sweet Yeast Roll** Grape Cranberry Juice*	5 All American Burger*** Roasted Red Potatoes** Baby Carrots Fruited Gelatin**	6 Chicken Bowl*** Corn* Strawberries & Blueberries*	7 Alaskan Pollock Fillet* Cheesy Potatoes** Broccoli w/Cheese Banana**
10 Chicken Cordon Bleu* w/ Alfredo Sauce Roasted Red Potatoes** Brussel Sprouts* Fruited Gelatin**	11 Turkey Burger with Creamy Bacon Dressing, Lettuce, Tomato & Onion** Dilled Carrots* Clementine*	12 Swedish Meatballs* Mashed Potatoes* California Blend Vegetables Fresh Blueberries* Savory Garlic Bread*	13 Fiesta Chicken* Spanish Rice* Corn* Kiwi*	14 FATHER'S DAY Sloppy Joe*** Ranch Potatoes* Green Beans w/Bacon & Onion* Fresh Strawberries* Blueberry Pie****
17 Creamy Chicken Creamy Chicken Stuffing** Peas* Mandarin Oranges & Pineapple*	18 BBQ Pork Wings* Roasted Sweet Potatoes w/ Brussels Sprouts* Fresh Strawberries* Lemon White Chocolate Cookie**	19 Meatloaf* w/Gravy Mashed Potatoes* Peas & Carrots* Malibu Fruit Blend* Multi Grain Swirl Bread**	20 Chicken Enchiladas*** Spanish Rice* Cucumber & Tomato Salad Clementine*	21 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread*
24 BBQ Chicken Breast* Green Beans Baked Beans** Potato Salad* Kiwi* Apple Juice*	25 Ginger Chicken & Asparagus* Brown Rice** Peach Crisp** Clementine*	26 French Dip*** Ranch Potatoes* Cucumber & Tomato Salad Golden Delicious Apple*	27 Crispy Pollock Fillet* Macaroni & Cheese* Romaine & Leaf Tossed Salad Clementine* French Bread Roll*	28 BBQ Pulled Pork Sandwich*** Ranch Potatoes* Coleslaw* Strawberries & Blueberries*

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.

Meals on Wheels Cold MENU • JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Almond Lemon Chicken Macaroni Salad** Fresh Pear** Hawaiian Roll*	4 Heavenly Chicken Salad* Malibu Fruit Blend* Red Beans & Pasta Salad** Thousand Island Dressing* Croutons	5 Turkey Sandwich** Corn Salad* Red Delicious Apple* Oatmeal Cookie*	6 Tuna Pasta Salad** Confetti Bean Salad* Clementine* Sourdough Bread*	7 Million Dollar Chicken Salad Broccoli Citrus Salad* Fresh Pear** Bread Pudding***
10 Egg Salad Confetti Bean Salad* Grape Cranberry Juice* Wheat Sweet Yeast Roll**	11 Mexican Chicken Salad Tortilla Chips* Corn Salad* Fresh Plum* Banana Pudding w/ Vanilla Wafers**	12 Chicken Tortellini Salad** Apple Raisin Carrot Salad* Kiwi* Fruited Gelatin**	13 Pork Sandwich** Navy Bean Salad* Strawberries & Blueberries*	14 <u>FATHER'S DAY</u> Poppyseed Chicken Pasta Salad*** Confetti Bean Salad* Mangos & Pineapple* Peanut Butter Cookie*
17 Chicken & Bean Salad** Apple Raisin Carrot Salad* Red Grapes* Sweet Banana Nut Bread**	18 Chicken Waldorf Salad Greek Pasta Salad* Fresh Strawberries* Triple Chocolate Cookie**	19 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Apple Walnut Buttermilk Muffin**	20 Taco Salad Red Beans & Pasta Salad** Fresh Plum* Banana Pudding w/ Vanilla Wafers**	21 Meatloaf* Rye Bread** Macaroni Salad** Clementine*
24 Ham Sandwich** Peas & Peanut Salad* Mangos & Pineapple* Tomato Juice	25 Cottage Cheese & Fruit* Navy Bean Salad* Grape Cranberry Juice* Lemon White Chocolate Cookie**	26 Chef Salad Fresh Blueberries* Strawberry Angel Food Shortcake*** Poppyseed Dressing* Croutons	27 Asian Chicken Salad** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	28 Chicken Pasta Salad** Navy Bean Salad* Banana** Naan Flatbread*

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