



September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day All Centers Closed	3 Substitute Teacher Day Hand & Foot 9:30 am Mobile Secretary of State 10:00 am-1:00 pm	4 Farm Jubilee Day Hand Knee & Foot at 9 Bible Study at 9:30	5 Friendly Folks Meeting 10:45 am Blood Pressure Clinic 11-12:30 Nickel Bingo After Lunch Line Dancing 1:45 pm	6 First Tank Day w/ Music with Paul and Bobby Hand Knee & Foot at 9 Walking 10 am
9 Mahjong 9 am Assorted Cards and Bingo after Lunch	10 Hand & Foot 9:30 am	11 Hand Knee & Foot at 9 Bible Study at 9:30 Word Game Day! Music and Hangman at 1:30 pm	12 Health Benefit Talk at 12 pm Nickel Bingo After Lunch Line Dancing 1:45 pm	13 Superstitions Day- Share with us! Hand Knee & Foot at 9
16 Jingle Bells Day Mahjong 9 am Assorted Cards and Bingo after Lunch	17 Poem Day- Share your Favorite Hand & Foot 9:30 am	18 Hand Knee & Foot at 9 Bible Study at 9:30 Consumer's Energy Efficiency Talk 12:00	19 Nickel Bingo After Lunch Line Dancing 1:45 pm	20 Sugar Day Hand Knee & Foot at 9
23 Mahjong 9 am Assorted Cards and Bingo after Lunch	24 Day of Darts- Join us at 1:30 pm! Hand & Foot 9:30 am	25 Hand Knee & Foot at 9 Bible Study at 9:30	26 Nickel Bingo After Lunch Line Dancing 1:45 pm	27 Neighbor Day- Share your travel stories with your neighbors! Hand Knee & Foot at 9
30 Mahjong 9 am Flu and COVID Vaccination Clinic 11:00 am -2:00 pm	Call 989-465-6216 or visit us online at SeniorServicesMidland.org			

Meals are available Monday-Friday at 11:30 am. Please call 989-465-6216 by 9 am the day you would like to reserve a meal.

Regularly Scheduled Programs:
Bible Study every Wednesday Morning 9:30-10:30 am
Daily Puzzles, Cards & Billiards
Mahjong with Bev-Daily after Lunch-call to register 4 players
Wii Games every Monday after Lunch
Please cancel your reservation if anyone in your household is sick.

Activity Descriptions

Tues, Sept 3 • Substitute Teacher Appreciation Day – Listen to Tracey’s riveting subbing experiences. Mobile Secretary of State- Take care of SOS needs! 10:00 am-1:00 pm
Wed, Sept 4 • **Farm Jubilee Day** – Bring in pictures of your farm equipment/land/animals and share your story.
Thurs, Sept 5 • Blood Pressure Clinic 11-12:30.
Fri, Sept 6 • First Tank Day – Let’s be ‘tankful’ for our veterans. Celebrate with music from Paul and Bobby

Wed, Sept 11 • Music by Kim or Kelly at 10:30 am and Word Game Day – Play hangman at 1:30 pm.
Thurs, Sept 12 • Health Benefits Assistance with Tracy Perry & Laura Norcutt at 12 pm.
Fri, Sept 13 • Are you superstitious?
Mon, Sept 16 • Jingle Bells Day - Guess what we will be singing before lunch.
Tues, Sept 17 • Share a Favorite Poem!
Wed, Sept 18 • Energy Smart Seniors with Consumers Energy at **12 pm – Only 30 gifts available!**
Mon, Sept 30 • **Flu and COVID Vaccination Clinic** -11:00 am - 2 pm.



Coleman Center
 415 E Webster • Coleman
(989) 465-6216
SeniorServicesMidland.org