

CENTER HOT MENU • DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Pot Pie*** Biscuit* Strawberries & Blueberries*	3 Meatloaf* Mashed Potatoes* w/gravy Brussels Sprouts* Peaches* French Bread Roll*	4 Stuffed Pepper* Roasted Red Potatoes** Baby Carrots Kiwi* Savory Garlic Bread*	5 Sweet & Sour Chicken** Brown Rice** Broccoli Red Delicious Apple* Fortune Cookie	6 Pork Fritter with Alfredo* Parsley Potatoes* Stewed Apples* Cucumbers and Vinegar Wheat Sweet Yeast Roll**
9 Beef Stew* Biscuit* Peas & Peanut Salad* Clementine* Oyster Crackers*	10 Turkey Ham Scalloped Potatoes* Broccoli Berry Crisp*** Raisins**	11 CHRISTMAS MEAL *Reservations are Required* Roast Beef Mashed Potatoes* w/Beef Gravy Green Beans w/Almonds Squash* Hawaiian Roll* Cheesecake with Strawberries***	12 Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail*	13 Beef Stroganoff over Rotini* French Green Beans Kiwi* Prune Juice*
16 Sweet Honey Chicken Tenders** Homestyle Mac & Cheese* Dilled Carrots* Strawberries**	17 Stuffed Salmon w/Alfredo Sauce* Parsley Potatoes* Roasted Brussels Sprouts Clementine* Wheat Sweet Yeast Roll**	18 Chili w/Beans** Oyster Crackers* Corn Muffin** Kiwi*	19 Hot Turkey Sandwich Cranberry Walnut Bread* Mashed Potatoes* w/Gravy Three Bean Salad* Peach Crisp**	20 Cheese Ravioli*** Cut Green Beans w/onion-bacon* Savory Garlic Bread* Clementine*
23 Swiss Steak Mashed Potatoes* Braised Cabbage* Fresh Pear** Sweet Orange Bread**	24 ALL CENTERS CLOSED	25 ALL CENTERS CLOSED	26 French Dip*** Ranch Potatoes* Cucumber & Tomato Salad Red Delicious Apple*	27 Crispy Pollock Fillet* Macaroni & Cheese* Broccoli Apricots* French Bread Roll*
30 Chicken Pot Pie*** Biscuit* Strawberries & Blueberries*	31 ALL CENTERS CLOSED	1 JANUARY ALL CENTERS CLOSED	2 Sweet & Sour Chicken** Brown Rice** Broccoli Red Delicious Apple* Fortune Cookie	3 Pork Fritter with Alfredo* Parsley Potatoes* Stewed Apples* Cucumbers and Vinegar Wheat Sweet Yeast Roll**

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.

Meals on Wheels Cold MENU • DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cottage Cheese & Fruit* Navy Bean Salad* Clementine* Cranberry Bran Muffin***	3 Turkey Sandwich on Bun*** Trail Mix Salad** Kiwi*	4 Almond Lemon Chicken Peas & Peanut Salad* Raisins** Hawaiian Roll*	5 Meatloaf* Rye Bread (2 slices)** Beets* Banana**	6 Tuna Pasta Salad** Confetti Bean Salad* Chunky Applesauce* Hawaiian Roll*
9 Pork Sandwich on Bun** Navy Bean Salad* Kiwi*	10 Tuna Pasta Salad** Cucumbers 'n Cream* Red Delicious Apple* Oatmeal Raisin Cookie*	11 CHRISTMAS MEAL Colby Jack Cheese Slice Hamburger Bun** Red Beans & Pasta Salad** Clementine*	12 Cranberry Pecan Chicken Salad* Broccoli Citrus Salad* Strawberries & Blueberries* Hawaiian Roll* Banana Chocolate Chip Muffin***	13 Egg Salad Peas & Cheese Salad* Banana** French Bread Roll*
16 Turkey & Cheese Savory Garlic Bread (2 slices)** Red Beans & Pasta Salad** Mandarin Oranges* Pumpkin Muffin**	17 Chicken Waldorf Salad Greek Pasta Salad* Fresh Pear** Rye Bread*	18 Boiled Eggs Peas & Cheese Salad* Fruit Cocktail* Double Chocolate Muffin**	19 Mexican Chicken Salad* Applesauce Salad** Corn Salad* Salsa Tortilla Chips*	20 Chicken & Bean Salad** Broccoli Raisin Salad* Banana** Cranberry Bran Muffin***
23 Deli Ham Provolone Cheese Slice Three Bean Salad* Strawberries & Blueberries* Cranberry Walnut Bread **	24 ALL CENTERS CLOSED	25 ALL CENTERS CLOSED	26 Egg Salad Red Beans & Pasta Salad** Peach & Pear Delight**** Hawaiian Roll*	27 Chicken Pasta Salad** Beets* Clementine* Wheat Sweet Yeast Roll**
30 Cottage Cheese & Fruit* Navy Bean Salad* Clementine* Cranberry Bran Muffin***	31 ALL CENTERS CLOSED	1 JANUARY ALL CENTERS CLOSED	2 Meatloaf* Rye Bread (2 slices)** Beets* Banana**	3 Tuna Pasta Salad** Confetti Bean Salad* Chunky Applesauce* Hawaiian Roll*

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