

Monday	Tuesday	Wednesday	Thursday	Friday
C: December Trivia <b>2</b> P: Arm Aerobics S/C: <b>Spirituality with Pastor Paul</b> or Words in Words <i>LUNCH</i> A/C: <b>Paint Class w/ Merry &amp; Leo</b> or Sharpen Your Senses P: Ladder Golf A: Music Through the Decades C: Name that Memory	C: Elder Trivia <b>3</b> P: Can Weights C/A: Word Connections or Sizzling 70s Sing Along <i>LUNCH</i> C: Three Letters or ABC Word Challenge P: Bean Bag Bocce C: Who Wants to be a Millionaire C: Have You Ever?	C: This and That Trivia <b>4</b> P: <b>Chair Yoga with Keri</b> S/A: <b>Bible Study</b> or Musical Toss <i>LUNCH</i> A/C: Art Appreciation or Clue Trivia P: Battle Buckets A: Musical Wheel of Fortune C: Country Life Trivia	C: Family Memory Lane <b>5</b> P: Healthy Bodies C: Create a Word or Twister Trivia <i>LUNCH</i> C/A: Memories and Musings or Elvis Sing Along P: Hoop Toss C: Mind Joggers C: Finish the Phrase	C: School Days Trivia <b>6</b> P: Scarf Exercise A/C: Name that Christmas Tune or Finishing Lines <i>LUNCH</i> C: Jeopardy or Melting Pot P/O: Basketball or Cookie Decorating A: Michigan Melodies C: Words of Wisdom
C: Fact or Fiction <b>9</b> P: Ball Exercise S/E: <b>Spirituality with Pastor Paul</b> or Shake Awake your Taste <i>LUNCH</i> E/C: <b>Pet Therapy with Izzy</b> or Word Teasers P: Bean Bag Toss A: Finish the Holiday Song Lyrics C: Fireside Chat	C: iPad Memory Lane Games <b>10</b> P: Healthy Bodies C/A: What Would You Do? or Christmas Wreath Making <i>LUNCH</i> C: How Come? or Musical Toss P: Texas Horseshoes C: Random Trivia C: Name that Memory	C: <b>Old Fashioned Toy Trivia</b> <b>11</b> P: <b>Christmas Dance Aerobics</b> <b>Christmas Carolers</b> C/A: <b>Christmas Jingo</b> or Can You Picture This? <i>HOLIDAY LUNCH</i> C: <b>Holiday Mystery Word</b> or Christmas Sing Along P: <b>Reindeer Toss</b> E: <b>Remembering the Sears Wish Book</b> C: <b>Carols and Coloring</b> 	C: Brain Boosters <b>12</b> P: Resistance Bands C: What's in the Bag? or Magic of Music <i>LUNCH</i> C: Travelogue: Switzerland or Alphabetics P: Broomball A: Train of Thought C: Timeslides	C: Down Memory Lane <b>13</b> P: Can Weights E/C: Ripley's Believe it or Not or Name Game <i>LUNCH</i> C/A: Famous Faces or Seasons Sing Along P: Bowling A: Storymatic C: Pastimes
C: Good Old Days <b>16</b> P: Noodle Exercise S/C: <b>Spirituality with Pastor Paul</b> or Quizmania <i>LUNCH</i> C: iPad Chain of Thought or A to Z Trivia P: Disc Golf A: Name that TV Theme Song C: Conversation Cards	C: Little Known Facts <b>17</b> P: Ball Exercises C/A: The History of... or Name that Christmas Tune <i>LUNCH</i> P: Hoop Dice C/A: Guess Who I Am or Hits of the 60's C: Eat, Wear, Drive C: Our Moments	C: EZ Does It Trivia <b>18</b> P: Bean Bag Exercise S/C: <b>Bible Study</b> or Shake Loose a Memory <i>LUNCH</i> C/A: Alphabet Challenge or Gene Autry Christmas Songs P: Horseshoes C: Say it with Music C: Treasured Memories	C: Holiday Reminiscing <b>19</b> P: Healthy Bodies C/A: Recipe Recall or Christmas Tree Craft <i>LUNCH</i> E/A: Discover America- West Virginia or Sentimental Journey Sing Along P: Football Toss C: Yesterdays Photos C: Zig Zag Zoom	C: Winter Fun Facts <b>20</b> P: Chair Yoga C/E: Blank Slate or Do you Hear What I Hear? <i>LUNCH</i> C/A: How Do They Make That? or Christmas Music Trivia P: Top Toss C: Old Wives Tales C: Pondering Prompts
C: <b>Holiday Finishing Line</b> <b>23</b> P: <b>Christmas Dance Aerobics</b> S/C: <b>Spirituality with Pastor Paul</b> or <b>Holiday Name 10</b> <i>LUNCH</i> A/C: <b>Native American Flutes</b> or <b>Holiday Mystery Word</b> P: <b>Christmas Toss</b> C: <b>Remembering Christmas Eve</b> C: <b>Twas the Night Before Christmas</b> 	<b>24</b> 	<b>25</b> 	C: Fascinating Facts <b>26</b> P: Healthy Bodies C/A: Jumbo Crossword or Select a Song <i>LUNCH</i> C/A: Brain Drain or Musical Dice P: Corn Hole C: Everyday Life Trivia A: Fireside Sing Along	C: Toss n Talk Ball <b>27</b> P: Arm Aerobics C: Word Ladder or Six Words <i>LUNCH</i> C/A: Guess the Bird or Happy Days Sing Along P: Pizza Toss C: Mind Stretchers C: Choices
C: December Trivia <b>30</b> P: Upper Body Stretch S/A: <b>Spirituality with Pastor Paul</b> or Sweet Memories Sing Along <i>LUNCH</i> C: Blank Slate or Guess in 10 P: Target Darts E: Retro Videos C: Conversation Cards	<b>31</b> 			

**Program Key:** P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills S- Spiritual  
**Program Schedule:** 9:00AM, 10:00 AM, 11:00AM, 12:45PM, 1:45PM, 2:45PM, 3:45PM

**Birthdays:** Walter- 12/8, Shirley- 12/12, Bill B- 12/21, Jan 12/25