



# CENTER HOT MENU • MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Lemon Pepper Chicken Thigh Brown Rice** California Blend Vegetables Naan Flatbread* Red Delicious Apple*	<b>4</b> <b>MARDI GRAS</b> BBQ Pork Wings*** Ranch Potatoes* Peas & Carrots* Tropical Fruit* King's Cake**	<b>5</b> Chicken Parmesan* w/ Spaghetti Noodles* Broccoli Mandarin Orange Fluff***	<b>6</b> Cheddar Burger w/Onions*** French Green Beans Burst O Berries* Raspberry Lemon Bars*	<b>7</b> Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**
<b>10</b> Stuffed Salmon w/ Alfredo Sauce* Balsamic Roasted Brussel Sprouts* Kiwi* Blueberry Muffin**	<b>11</b> BBQ Chicken Breast* Baked Beans** Dilled Carrots* Wheat Sweet Yeast Roll** Strawberries & Blueberries*	<b>12</b> Meatloaf* Mashed Potatoes w/gravy** Key West Vegetables Cantaloupe* French Bread Roll*	<b>13</b> Cheesy Chicken* Smashed Baked Potato** Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	<b>14</b> Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread*
<b>17</b> <b>ST. PATRICK'S DAY</b> Irish Corned Beef & Cabbage w/Boiled Potatoes** Rosemary Potato Bread* Cool Pistachio Dessert**	<b>18</b> Stuffed Pepper w/ Spaghetti Sauce* Roasted Red Potatoes** Strawberries** Bread Stick*	<b>19</b> Smoked Honey Ham Steak Parsley Potatoes* Pork Gravy Broccoli Red Grapes* Carrot Cake***	<b>20</b> Chicken Cordon Bleu w/Alfredo* Penne* Southern Fried Cabbage* Fresh Pear**	<b>21</b> Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*
<b>24</b> Smothered Chicken Cauliflower w/ Parsley Butter Sauce Pineapple Tidbits* Pistachio Fluff** Rye Bread*	<b>25</b> California Reuben*** Braised Cabbage* Kiwi* Raisins**	<b>26</b> Chicken Bowl*** Corn** Ambrosia Salad**	<b>27</b> French Dip*** Ranch Potatoes* Tomato Salad Apricots*	<b>28</b> Crispy Pollock Fillet* Macaroni & Cheese* Peas & Carrots* Clementine* French Bread Roll*
<b>31</b> Lemon Pepper Chicken Thigh Brown Rice** California Blend Vegetables Naan Flatbread* Red Delicious Apple*	<b>1</b> <b>APRIL</b> BBQ Pork Wings*** Ranch Potatoes* Peas & Carrots* Fruited Gelatin**	<b>2</b> Chicken Parmesan* w/ Spaghetti Noodles* Broccoli Mandarin Orange Fluff***	<b>3</b> Cheddar Burger w/Onions*** French Green Beans Burst O Berries* Raspberry Lemon Bars*	<b>4</b> Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

\* = 15 gm carbohydrate. If there is no (\*) by an item, there are little-no carbohydrates in that food item. Milk\* is served with each meal.



# Meals on Wheels Cold MENU • MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cottage Cheese & Fruit* Navy Bean Salad* Grape Cranberry Juice* Peanut Butter Cookie*	4 <b>MARDI GRAS</b> Almond Lemon Chicken Peas & Peanut Salad* Red Grapes*** Hawaiian Roll*	5 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Banana Muffin**	6 Tuna Pasta Salad** Confetti Bean Salad* Clementine* Sourdough Bread*	7 Chicken & Bean Salad* Apple Raisin Carrot Salad** Banana** Poppyseed Bread**
10 Crispy Oven Chicken* Colby Jack Cheese Slice Hamburger Bun** Macaroni Salad** Mangoes & Pineapple*	11 Mexican Chicken Salad* Salsa Fresh Plum* Tortilla Chips* Vanilla Pudding with Vanilla Waters**	12 Egg Salad Confetti Bean Salad* Grape Cranberry Juice* Wheat Sweet Yeast Roll**	13 Million Dollar Chicken Salad Broccoli Citrus Salad* Fresh Pear** Cinnamon Swirl Bread*	14 Meatloaf* Rye Bread** Cucumbers 'n Cream* Banana**
17 <b>ST. PATRICK'S DAY</b> Tuna Salad Three Bean Salad* Fresh Plum* Wheat Sweet Yeast Roll**	18 Chicken Waldorf Salad Fresh Pear** Grape Cranberry Juice* Naan Flat bread*	19 Cabbage and Ham Salad* Red Delicious Apple* French Bread Roll* Tapioca Pudding**	20 Chicken Tortellini Salad* Apple Raisin Carrot Salad** Kiwi* Ranger Cookie**	21 Turkey & Swiss Cheese Pub Bun** Corn Salad* Clementine* Raisins**
24 Pork Sandwich on Bun** Navy Bean Salad* Strawberries & Blueberries*	25 Taco Salad Salsa Tortilla Chips* Corn Salad* Peaches* Vanilla Pudding**	26 Tuna Pasta Salad** Cukes 'n Cream* Red Delicious Apple*	27 Asian Chicken Salad** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	28 Chicken Pasta Salad** Beets* Banana** Wheat Sweet Yeast Roll**
31 Cottage Cheese & Fruit* Navy Bean Salad* Grape Cranberry Juice* Peanut Butter Cookie*	1 <b>APRIL</b> Almond Lemon Chicken Peas & Peanut Salad* Red Grapes*** Hawaiian Roll*	2 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Banana Muffin**	3 Tuna Pasta Salad** Confetti Bean Salad* Clementine* Sourdough Bread*	4 Chicken & Bean Salad* Apple Raisin Carrot Salad** Banana** Poppyseed Bread**

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