



# CENTER HOT MENU • APRIL 2025

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| 7<br>Stuffed Salmon w/<br>Alfredo Sauce*<br>Balsamic Roasted<br>Brussel Sprouts*<br>Kiwi*<br>Blueberry Muffin**            | 8<br>BBQ Chicken Breast*<br>Baked Beans**<br>Dilled Carrots*<br>Wheat Sweet Yeast Roll**<br>Strawberries & Blueberries* | 9<br>Meatloaf*<br>Mashed Potatoes w/gravy**<br>Key West Vegetables<br>Cantaloupe*<br>French Bread Roll*  | 10<br>Cheesy Chicken*<br>Smashed Baked Potato**<br>Peas & Carrots*<br>Fresh Blueberries*<br>Hawaiian Roll*    | 11<br>Baked Spaghetti**<br>California Blend Vegetables<br>Red Grapes*<br>Savory Garlic Bread*        |
| 14<br>Sweet & Sour Chicken**<br>Brown Rice**<br>Fresh Green Beans<br>Red Delicious Apple*<br>Fortune Cookie                | 15<br>Stuffed Pepper w/<br>Spaghetti Sauce*<br>Roasted Red Potatoes**<br>Strawberries**<br>Bread Stick*                 | 16 <b>HAPPY EASTER</b><br>Honey Glazed Ham*<br>Au Gratin Potatoes**<br>Green Beans w/<br>Onions and Bacon*<br>Hawaiian Roll*<br>Carrot Cake*** | 17<br>Chicken Cordon Bleu w/Alfredo*<br>Penne*<br>Southern Fried Cabbage*<br>Fresh Pear**                     | 18 <b>GOOD FRIDAY</b><br><br><b>All Centers Closed</b>   |
| 21<br>Smothered Chicken<br>Cauliflower w/<br>Parsley Butter Sauce<br>Pineapple Tidbits*<br>Pistachio Fluff**<br>Rye Bread* | 22<br>California Reuben***<br>Braised Cabbage*<br>Kiwi*<br>Raisins**  | 23<br>Chicken Bowl***<br>Corn**<br>Ambrosia Salad**  | 24<br>Crispy Pollock Fillet*<br>Macaroni & Cheese*<br>Peas & Carrots*<br>Clementine*<br>French Bread Roll*    | 25<br>French Dip***<br>Ranch Potatoes*<br>Tomato Salad<br>Apricots*                                  |
| 28<br>Lemon Pepper Chicken Thigh<br>Brown Rice**<br>California Blend Vegetables<br>Naan Flatbread*<br>Red Delicious Apple* | 29<br>BBQ Pork Wings***<br>Ranch Potatoes*<br>Peas & Carrots*<br>Fruited Gelatin**                                      | 30<br>Chicken Parmesan* w/<br>Spaghetti Noodles*<br>Broccoli<br>Mandarin Orange Fluff***   | 1 <b>MAY</b><br>Cheddar Burger w/Onions***<br>French Green Beans<br>Burst O Berries*<br>Raspberry Lemon Bars* | 2<br>Tuna Noodle Casserole**<br>Stewed Apples*<br>Broccoli Citrus Salad*<br>Wheat Sweet Yeast Roll** |

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

\* = 15 gm carbohydrate. If there is no (\*) by an item, there are little-no carbohydrates in that food item. Milk\* is served with each meal.



**SENIOR SERVICES**  
www.SeniorServicesMidland.org  
989-633-3700

# Meals on Wheels Cold MENU • APRIL 2025

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
| 7<br>Crispy Oven Chicken*<br>Colby Jack Cheese Slice<br>Hamburger Bun**<br>Macaroni Salad**<br>Mangos & Pineapple* | 8<br>Mexican Chicken Salad*<br>Salsa<br>Fresh Plum*<br>Tortilla Chips*<br>Vanilla Pudding with<br>Vanilla Wafers** | 9<br>Egg Salad<br>Confetti Bean Salad*<br>Grape Cranberry Juice*<br>Wheat Sweet Yeast Roll**                        | 10<br>Million Dollar Chicken Salad<br>Broccoli Citrus Salad*<br>Fresh Pear**<br>Cinnamon Swirl Bread* | 11<br>Meatloaf*<br>Rye Bread**<br>Cucumbers 'n Cream*<br>Banana**                          |
| 14<br>Tuna Salad<br>Three Bean Salad*<br>Fresh Plum*<br>Wheat Sweet Yeast Roll**                                   | 15<br>Chicken Waldorf Salad<br>Fresh Pear**<br>Grape Cranberry Juice*<br>Naan Flatbread*                           | 16 <b>HAPPY EASTER</b><br>Cabbage and Ham Salad*<br>Red Delicious Apple*<br>French Bread Roll*<br>Tapioca Pudding** | 17<br>Chicken Tortellini Salad*<br>Apple Raisin Carrot Salad**<br>Kiwi*<br>Ranger Cookie**            | 18 <b>GOOD FRIDAY</b><br><br><b>All Centers Closed</b>                                     |
| 21<br>Pork Sandwich on Bun**<br>Navy Bean Salad*<br>Strawberries & Blueberries*                                    | 22<br>Taco Salad<br>Salsa<br>Tortilla Chips*<br>Corn Salad*<br>Peaches*<br>Vanilla Pudding**                       | 23<br>Tuna Pasta Salad**<br>Cukes 'n Cream*<br>Red Delicious Apple*   | 24<br>Asian Chicken Salad**<br>Broccoli Citrus Salad*<br>Fresh Pear**<br>Chocolate Pudding**          | 25<br>Chicken Pasta Salad**<br>Beets*<br>Banana**<br>Wheat Sweet Yeast Roll**              |
| 28<br>Cottage Cheese & Fruit*<br>Navy Bean Salad*<br>Grape Cranberry Juice*<br>Peanut Butter Cookie*               | 29<br>Almond Lemon Chicken<br>Peas & Peanut Salad*<br>Red Grapes***<br>Hawaiian Roll*                              | 30<br>Boiled Eggs<br>Broccoli Citrus Salad*<br>Fresh Pear**<br>Banana Muffin**                                      | 1 <b>MAY</b><br>Tuna Pasta Salad**<br>Confetti Bean Salad*<br>Clementine*<br>Sourdough Bread*         | 2<br>Chicken & Bean Salad*<br>Apple Raisin Carrot Salad**<br>Banana**<br>Poppyseed Bread** |

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