

Monday

Tuesday

Wednesday

Thursday

Friday

# May 2025

## Seasons Adult Day Health Services

<p>C: Cinco De Mayo Trivia P: Chair Yoga S/A: <b>Spirituality with Pastor Paul</b> or Suzie Q Sing Along <i>LUNCH</i> C/A: Travel Log Mexico or Musical Dice P: Volleyball C: Family Feud C: Book of Firsts</p>	<p>C: This and That Trivia P: Arm Aerobics C: Jumbo Crossword or Quizmania <i>LUNCH</i> C/A: Observation Challenge or Music Through the Decades P: Ladder Golf C: What's that Occupation C: Conversation Cards</p>	<p>C: Little Known Facts P: Ball Exercise S/A: <b>Bible Study</b> or Musical Toss <i>LUNCH</i> C: <b>Life Story of Noah C.</b> P: Battle Buckets C: Name That Memory P: Table Ball</p>	<p>C: May Trivia P: Scarf Exercise C/A: You Be The Judge or Boots and Hearts Sing Along <i>LUNCH</i> A/C: <b>Paint Class w/ Merry &amp; Leo</b> or Spring Name Ten P: Battle Ball C: Remembering going Dancing C: Yesterdays Photos</p>	<p>C: The Name Game P: Dance Aerobics C: Bingo or Shake Awake Your Taste <i>LUNCH</i> A: Rock Painting With Finn or Name That 60s Tune P: Pizza Toss A: Musical Connections P: Swatterball</p>
<p>C: Down Memory Lane P: Healthy Bodies S/E: <b>Spirituality with Pastor Paul</b> or Sharpen Your Senses <i>LUNCH</i> A: <b>Music with Merry and Leo</b> P: Ring Toss A: Picture the Song C: Yesterdays Photos</p>	<p>C: Storymatic P/O: Scarf Exercise or Baking Time C/A: iPad Chain of Thought or I Hear Music <i>LUNCH</i> E/C <b>Pet Therapy with Billy</b> or Guess in 10 P: Shuffle Putt E: Remembering Spring Gardening C: Yes, I Have</p>	<p>C: Country Life Trivia P: <b>Yoga with Amy Phoenix</b> C: Interactive Trivia or Famous Faces <i>LUNCH</i> A: <b>Music with Paul Wilkinson</b> P: Floor Darts C: Blurt C: Pondering Prompts</p>	<p>C: Me Moves/Memory Chain P/O: Octabands or Baking Time C: Jeopardy or What's Next? <i>LUNCH</i> C/A Reading Round Table or Musical Twister P: Ice Cream Sundae Toss C: School Days Trivia C: Alphabetics</p>	<p>C: Mother's Day Trivia P: Can Weights C: Odd Word Out or Select a song <i>LUNCH</i> C/A: MI Rivers and Lakes or Michigan Melodies P: Hoop Dice E: Popcorn and a Show C: Everyday Life Trivia</p>
<p>C: Random Trivia P: Ball Exercise S/C: <b>Spirituality with Pastor Paul</b> or Recipe Recall <i>LUNCH</i> C: Rhyme Time or Twister Trivia P: Top Toss E: A to Z Trivia P: Zig Zag Zoom</p>	<p>C: Story Lines Trivia P: Can Weights E/A: Brain Drainor Car-a-oke Road Trip Sing Along <i>LUNCH</i> A/C: Rock Paining with Finn or Can You List This P: Disc Golf C: Old Wives Tales P: Swatter Ball</p>	<p>C: Trivia Time P/O: Cardio Drumming or Baking Time S/C: <b>Bible Study</b> or This and That Trivia <i>LUNCH</i> C: <b>Life Story of Dean P.</b> P: Floor Darts C: Blurt C: Pondering Prompts</p>	<p>C: Riddle Me This P: Dance Aerobics E/A: What Do You See or Sweet Memories Sing Along <i>LUNCH</i> C <b>Life Story of Tori L.</b> P: Target Darts C: Remembering Family Sundays C: Memories and Musings</p>	<p>C: Who Wants to be a Millionaire P: Arm Aerobics A: <b>50's Review by Golden Guild</b> <i>LUNCH</i> E/C: <b>Pet Therapy with Duke</b> or The Good Ole Days P: Noodle Hockey C: Word Tree C: Humorama</p>
<p>C: Time Slides P: Scarf Exercises S/C: <b>Spirituality with Pastor Paul</b> or Six Words <i>LUNCH</i> C/A: Tribond or Springtime Sing Along P: Bottle Ring Toss C: Pasta, Plant or Fast Car C: Toss n Talk Ball</p>	<p>C: Elder Trivia P: Noodle Exercise S/A: <b>Spirituality with Pastor Paul</b> or Musical Toss <i>LUNCH</i> A/C: <b>Native American Flutes</b> or Mind Joggers P: Bean Bag Bocce C: Guinness Book of World Records C: Have You Ever</p>	<p>C: Brain Boosters P: Healthy Bodies C/A: Where in The World or Suzie Q Sing Along <i>LUNCH</i> E/A: Word Wonders or Elvis Sing A Long P: Whack a Staff Member/Dodge Ball A: Sing Dance Reminisce C: Finishing Words</p>	<p>C: EZ Does It Trivia P: Dance Aerobics E/A: What Do You See or Sweet Memories Sing Along <i>LUNCH</i> C: <b>Life Story of Dave P.</b> P: Target Darts C: Mind Stretchers C: ABC Word Challenge</p>	<p>C: Memorial Day Trivia P: Chair Yoga C/A: Discovering America or Musical Wheel of Fortune <i>LUNCH</i> C/A: Remembering Recess or Odd Word Out P: Volleyball C: Name Ten C: Conversation Cards</p>
<p><b>Closed for Memorial Day</b></p>	<p>C: Everyday Life Trivia P/O: Resistance Bands or Baking Time C/A Animal Trivia or Magic of Music <i>LUNCH</i> C/A: Blank Slate or I Hear Music P: Football E: Remembering Family Road Trips C: Barbecue and Back Yard Games Trivia</p>			

Program Key: P- Physical, A- Creative Arts/Music, C- Cognitive, E- Environmental/Sensory, O- Occupational/Life Skills, S- Spiritual

Program Schedule: 9:00AM, 10:00 AM, 11:00AM, 12:45PM, 1:45PM, 2:45PM, 3:45PM

Birthdays: 5/2 Carl 5/18 Dave P. Ellen, Wilma & Theresa 5/19 Jesse 5/22 Noah 5/23 Brenda 5/28 Dean