



CENTER HOT MENU • MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Stuffed Salmon w/ Alfredo Sauce* Balsamic Roasted Brussels Sprouts* Kiwi* Blueberry Muffin**	6 BBQ Chicken Breast* Baked Beans** Dilled Carrots* Wheat Sweet Yeast Roll** Strawberries & Blueberries*	7 Meatloaf* Mashed Potatoes w/gravy** Key West Vegetables Cantaloupe* French Bread Roll*	8 Cheesy Chicken* Smashed Baked Potato** Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	9 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread* Angel Food Cake with Strawberries****
12 Sweet & Sour Chicken** Brown Rice** French Green Beans Red Delicious Apple* Fortune Cookie	13 Stuffed Pepper w/ Spaghetti Sauce* Roasted Red Potatoes** Strawberries** Bread Stick*	14 Smoked Honey Ham Steak Parsley Potatoes* Pork Gravy Broccoli Red Grapes* Carrot Cake***	15 Chicken Cordon Bleu w/Alfredo* Penne* Southern Fried Cabbage* Fresh Pear**	16 Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*
19 Smothered Chicken Cauliflower w/ Parsley Butter Sauce Pineapple Tidbits* Pistachio Fluff** Rye Bread*	20 California Reuben*** Braised Cabbage* Kiwi* Raisins**	21 Chicken Bowl*** Corn** Ambrosia Salad**	22 French Dip*** Ranch Potatoes* Tomato Salad Apricots*	23 Crispy Pollock Fillet* Macaroni & Cheese* Peas & Carrots* Clementine* Red, White & Blue Parfait** French Bread Roll*
26 MEMORIAL DAY All Centers Closed	27 BBQ Pork Wings*** Ranch Potatoes* Peas & Carrots* Fruited Gelatin**	28 Chicken Parmesan* w/ Spaghetti Noodles* Broccoli Mandarin Orange Fluff***	29 Cheddar Burger w/Onions*** French Green Beans Burst O Berries* Raspberry Lemon Bars*	30 Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.



Meals on Wheels Cold MENU • MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Crispy Oven Chicken* Colby Jack Cheese Slice Hamburger Bun** Macaroni Salad** Mangos & Pineapple*	6 Mexican Chicken Salad* Salsa Fresh Plum* Tortilla Chips* Vanilla Pudding with Vanilla Wafers**	7 Egg Salad Confetti Bean Salad* Grape Cranberry Juice* Wheat Sweet Yeast Roll**	8 Million Dollar Chicken Salad Broccoli Citrus Salad* Fresh Pear** Cinnamon Swirl Bread*	9 Meatloaf* Rye Bread** Cucumbers 'n Cream* Banana**
12 Tuna Salad Three Bean Salad* Fresh Plum* Wheat Sweet Yeast Roll**	13 Chicken Waldorf Salad Fresh Pear** Grape Cranberry Juice* Naan Flatbread*	14 Cabbage and Ham Salad* Red Delicious Apple* French Bread Roll* Tapioca Pudding**	15 Chicken Tortellini Salad* Apple Raisin Carrot Salad** Kiwi* Ranger Cookie**	16 Turkey and Swiss Cheese Pub Bun** Corn Salad* Clementine* Raisins**
19 Pork Sandwich on Bun** Navy Bean Salad* Strawberries & Blueberries*	20 Taco Salad Salsa Tortilla Chips* Corn Salad* Peaches* Vanilla Pudding**	21 Tuna Pasta Salad** Cucumbers 'n Cream* Red Delicious Apple*	22 Asian Chicken Salad** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	23 Chicken Pasta Salad** Beets* Banana** Wheat Sweet Yeast Roll**
26 MEMORIAL DAY All Centers Closed	27 Almond Lemon Chicken Peas & Peanut Salad* Red Grapes*** Hawaiian Roll*	28 Boiled Eggs Broccoli Citrus Salad* Fresh Pear** Banana Muffin**	29 Tuna Pasta Salad** Confetti Bean Salad* Clementine* Sourdough Bread*	30 Chicken & Bean Salad* Apple Raisin Carrot Salad** Banana** Poppyseed Bread**

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