



SENIOR SERVICES
www.SeniorServicesMidland.org
989-633-3700

CENTER HOT MENU • FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Beef Stew* Biscuit* Peas & Peanut Salad* Clementine* Oyster Crackers*	3 Turkey Ham Scalloped Potatoes* Broccoli Berry Crisp*** Raisins**	4 Chicken Parmesan* Fettuccine Noodles* Winter Blend Vegetables Red Grapes*	5 Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail*	6 Beef Stroganoff Penne Pasta* French Green Beans Kiwi* Prune Juice*
9 BBQ Chicken Breast* Artisan Mac & Cheese* Dilled Carrots* Burst O Berries* Bread stick*	10 Stuffed Salmon w/Alfredo Sauce* Parsley Potatoes* Sicilian Blend Vegetables Fruited Gelatin** Wheat Sweet Yeast Roll**	11 Chili w/Beans** Kiwi* Oyster Crackers* Corn Muffin**	12 Open-faced Hot Turkey Sandwich Cranberry Walnut Bread* Mashed Potatoes* Poultry Gravy Three Bean Salad* Peach Crisp**	13 <u>VALENTINE'S DAY</u> Cheese Ravioli*** Cut Green Beans-Onion-Bacon* Savory Garlic Bread* Clementine* Red Velvet Cake**
16 <u>GREENDALE CLOSED</u> Swiss Steak Mashed Potatoes* Braised Cabbage* Fresh Pear** Sweet Orange Bread**	17 <u>MARDI GRAS</u> Bourbon Chicken* Brown Rice** Peas & Carrots* Fresh Apple** King's Cake**	18 <u>ASH WEDNESDAY</u> Goulash** Corn** Hot Cinnamon Applesauce* Savory Garlic Bread (1 slice)* Oyster Crackers*	19 French Dip*** Ranch Potatoes* Cucumber & Tomato Salad Fresh Apple*	20 Crispy Pollock Fillet* Macaroni & Cheese* Broccoli Clementine* French Bread Roll*
23 Chicken Pot Pie*** Biscuit* Strawberries & Blueberries*	24 Meatloaf* w/Mashed Potatoes* & Gravy Brussels Sprouts* Peaches* French Bread Roll*	25 Stuffed Pepper w/Spaghetti Sce* Roasted Red Potatoes** Baby Carrots Kiwi* Savory Garlic Bread*	26 Sweet & Sour Chicken** Brown Rice** Broccoli Fresh Apple* Fortune Cookie	27 Pork Fritter w/Alfredo Sauce* Parsley Potatoes* Stewed Apples* Cucumber & Tomato Salad Wheat Sweet Yeast Roll**

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:
 Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.
 Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.
 * = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.