



CENTER HOT MENU • MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Lemon Pepper Chicken Brown Rice** California Blend Vegetables Naan Flatbread* Red Delicious Apple*	3 Meatloaf* Meat Loaf Gravy Mashed Potatoes* Key West Vegetable* Cantaloupe* French Bread Roll*	4 Chicken Parmesan* Whole Wheat Penne Pasta* Broccoli Peach Parfait**	5 Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* WG Wheat Sweet Yeast Roll**	6 Cheddar Burger w/Fried Onions** with Tomato & Lettuce French Green Beans Burst O Berries* Raspberry Lemon Bar*
9 BBQ Chicken Breast* Baked Beans** Dilled Carrots* Strawberries & Blueberries* WG Wheat Sweet Yeast Roll*	10 Stuffed Salmon with Alfredo Sauce* Balsamic Roasted Brussels Sprouts* Kiwi* Blueberry Muffin**	11 BBQ Pork Wings*** Ranch Potatoes* Broccoli w Cheese Sour Cream Packet Fruited Gelatin**	12 Cheesy Chicken* Smashed Baked Potato** Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	13 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread* Cranberry Juice*
16 Sweet & Sour Chicken** Over Brown Rice* Green Beans with Almonds Red Delicious Apple* Fortune Cookie	17 ST. PATRICK'S DAY St. Patrick's Corned Beef & Vegetables Roasted Red Potatoes** Potato Rosemary Bread* Cool Pistachio Dessert**	18 Smoked Honey Ham Steak Parsley Potatoes* Pork Gravy Broccoli w Cheese Red Grapes* Hawaiian Parfait**	19 Chicken Cordon Bleu* with Alfredo Sauce Penne* Asparagus Fresh Pear**	20 Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*
23 Smothered Chicken* Cauliflower w/ Parsley Butter Sauce Pineapple Tidbits* Pistachio Fluff** WG Wheat Sweet Yeast Roll**	24 California Reuben** Coleslaw Ranch Potatoes* Kiwi* Oatmeal Raisin Cookie*	25 Chicken Bowl*** Corn** Ambrosia Salad**	26 All American Burger** Parsley Potatoes* Fruited Gelatin** Baby Carrot pack	27 Crispy Pollock Fillet* Macaroni & Cheese* Peas & Carrots* Clementine* French Bread Roll*
30 Egg Roll Bowl* Brown Rice** Northwest Vegetable Blend* Naan Flatbread* Applesauce Salad* Fortune Cookie	31 Crispy Chicken Ranch Sandwich*** Creamy Bacon Dressing with Tomato & Leaf Lettuce Roasted Zucchini Clementine* Sugar Cookie*	1 EASTER LUNCH Honey Glazed Ham* Au Gratin Potatoes* Green Beans w/ Bacon & Onion* Hawaiian Roll* Carrot Cake***	2 Tortilla Crunch Tilapia* Baked Potato** Sour Cream Packet Cut Green Beans WG Wheat Sweet Yeast Roll** Grape Cranberry Juice*	3 Closed for Good Friday

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.