



**SENIOR SERVICES**  
www.SeniorServicesMidland.org  
989-633-3700

# CENTER HOT MENU • APRIL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> Lemon Pepper Chicken Brown Rice** California Blend Vegetables Naan Flatbread* Red Delicious Apple*	<b>7</b> Meatloaf* Meat Loaf Gravy Mashed Potatoes* Key West Vegetable* Cantaloupe* French Bread Roll*	<b>8</b> Chicken Parmesan* Whole Wheat Penne Pasta* Broccoli Peach Parfait**	<b>9</b> Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**	<b>10</b> Cheddar Burger w/Fried Onions** and Tomato, Lettuce French Green Beans Burst O Berries* Raspberry Lemon Bar*
<b>13</b> BBQ Chicken Breast* Baked Beans** Dilled Carrots* Strawberries & Blueberries* Wheat Sweet Yeast Roll*	<b>14</b> Stuffed Salmon with Alfredo Sauce* Balsamic Roasted Brussels Sprouts* Kiwi* Blueberry Muffin**	<b>15</b> BBQ Pork Wings*** Ranch Potatoes* Broccoli w Cheese Sour Cream Packet Fruited Gelatin**	<b>16</b> Cheesy Chicken* Smashed Baked Potato** Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	<b>17</b> Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread* Cranberry Juice*
<b>20</b> Sweet & Sour Chicken** Over Brown Rice* Green Beans with Almonds Red Delicious Apple* Fortune Cookie	<b>21</b> Stuffed Peppers w/Sauce* Cauliflower Smashed Potatoes* Strawberries** Breadstick*	<b>22</b> Smoked Honey Ham Steak Parsley Potatoes* Pork Gravy Broccoli w Cheese Red Grapes* Hawaiian Parfait**	<b>23</b> Chicken Cordon Bleu* with Alfredo Sauce Penne* Asparagus Fresh Pear**	<b>24</b> Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*
<b>27</b> Smothered Chicken* Cauliflower w/Parsley Butter Sauce Pineapple Tidbits* Pistachio Fluff** Wheat Sweet Yeast Roll**	<b>28</b> California Reuben** Coleslaw Ranch Potatoes* Kiwi* Oatmeal Raisin Cookie*	<b>29</b> Chicken Bowl*** Corn** Ambrosia Salad**	<b>30</b> All American Burger** Parsley Potatoes* Fruited Gelatin** Baby Carrot Pack	<b>1</b> <b>MAY</b> Crispy Pollock Fillet* Macaroni & Cheese* Peas & Carrots* Clementine* French Bread Roll*

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

\* = 15 gm carbohydrate. If there is no (\*) by an item, there are little-no carbohydrates in that food item. Milk\* is served with each meal.



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# Meals on Wheels Cold MENU • APRIL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> Cottage Cheese & Fruit* Navy Bean Salad* Grape Cranberry Juice* Peanut Butter Cookie*	<b>7</b> Almond Lemon Chicken Peas & Peanut Salad* Red Grapes** Hawaiian Roll*	<b>8</b> Boiled Eggs Dill Pickle Pasta Salad* Fresh Pear** Banana Muffin** Tomato Juice	<b>9</b> Meatloaf* On Rye Bread* Cukes 'n Cream Clementine* Cranberry Juice*	<b>10</b> Chicken & Bean Salad** Apple Raisin Carrot Salad** Banana** Poppyseed Bread**
<b>13</b> Crispy Oven Chicken* Colby Jack Cheese Slice Hamburger Bun** Macaroni Salad* Mangos & Pineapple*	<b>14</b> Mexican Chicken Salad* Salsa Fresh Plum* Tortilla Chips* Vanilla Pudding w/ Vanilla Waffers**	<b>15</b> Egg Salad Confetti Bean Salad* Grape Cranberry Juice* Wheat Sweet Yeast Roll**	<b>16</b> Million Dollar Chicken Salad Broccoli Citrus Salad* Fresh Pear** Cinnamon Swirl Bread*	<b>17</b> Tuna Pasta Salad** Cukes 'n Cream* Red Delicious Apple* Tomato Juice
<b>20</b> Chicken Tortellini Salad* Apple Raisin Carrot Salad** Kiwi* Ranger Cookie**	<b>21</b> Chicken Waldorf Salad Fresh Pear** Grape Cranberry Juice* Naan Flatbread*	<b>22</b> Cabbage and Ham Salad* Red Delicious Apple* French Bread Roll* Tapioca Pudding**	<b>23</b> Tuna Salad* Three Bean Salad* Fresh Plum* Wheat Sweet Yeast Roll**	<b>24</b> Turkey and Swiss Cheese Whole Grain Sub Bun** Salad Dressing Pkt Corn Salad* Raisins** Applesauce Salad*
<b>27</b> Pork Sandwich on Bun** Navy Bean Salad* Strawberries & Blueberries*	<b>28</b> Taco Salad Salsa Tortilla Chips* Corn Salad* Peaches* Vanilla Pudding**	<b>29</b> Asian Chicken Salad** Broccoli Citrus Salad* Fresh Pear** Chocolate Pudding**	<b>30</b> Tuna Apple Salad Confetti Bean Salad* Sourdough Bread* Ambrosia Salad**	<b>1</b> <b>MAY</b> Chicken Pasta Salad** Beets* Banana** Wheat Sweet Yeast Roll**

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