



CENTER HOT MENU • MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Egg Roll Bowl* Brown Rice** Northwest Vegetable Blend* Naan Flatbread* Applesauce Salad* Fortune Cookie	5 Crispy Chicken Ranch Salad*** w/Lettuce & Tomato Creamy Bacon Dressing Roasted Zucchini Clementine* Sugar Cookie*	6 French Dip*** Ranch Potatoes* Tomato Salad Apricots*	7 Tortilla Crunch Tilapia* Baked Potato** Cut Green Beans Wheat Sweet Yeast Roll** Grape Cranberry Juice*	8 <u>MOTHER'S DAY CELEBRATION</u> Mother's Quiche Lorraine** O'Brien Potatoes* Deluxe Fruit Salad* Angel Food Cake****
11 Lemon Pepper Chicken Thigh Brown Rice** California Blend Vegetables Naan Flatbread* Fresh Apple*	12 Meatloaf* Meat Loaf Gravy Mashed Potatoes* Key West Vegetable* Cantaloupe* French Bread Roll*	13 Chicken Parmesan* Whole Wheat Penne Pasta* Broccoli Peach Parfait**	14 Tuna Noodle Casserole** Stewed Apples* Broccoli Citrus Salad* Wheat Sweet Yeast Roll**	15 Cheddar Burger w/Fried Onions** with Tomato & Lettuce French Green Beans Burst O Berries* Raspberry Lemon Bar*
18 BBQ Chicken Breast* Baked Beans** Dilled Carrots* Strawberries & Blueberries* Wheat Sweet Yeast Roll*	19 Stuffed Salmon w/Alfredo Sauce Balsamic Roasted Brussels Sprouts Kiwi* Blueberry Muffin**	20 BBQ Pork Wings*** Ranch Potatoes* Broccoli w Cheese Sour Cream Fruited Gelatin**	21 Cheesy Chicken* Smashed Baked Potato** Peas & Carrots* Fresh Blueberries* Hawaiian Roll*	22 Baked Spaghetti** California Blend Vegetables Red Grapes* Savory Garlic Bread* Cranberry Juice*
25 MEMORIAL DAY ALL CENTERS CLOSED	26 Stuffed Peppers w/Sauce* Cauliflower Smashed Potatoes* Strawberries** Breadstick*	27 Smoked Honey Ham Steak Parsley Potatoes* Pork Gravy Broccoli w Cheese Red Grapes* Hawaiian Parfait**	28 Chicken Cordon Bleu* with Alfredo Sauce Penne Pasta* Asparagus Fresh Pear**	29 Fish Tenders* Smashed Baked Potato** Dilled Carrots* Fruit Cocktail* Double Chocolate Cookie*

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:

Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.

Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.

* = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.

