SENIOR SERVICES
www.SeniorServicesMidland.org
989-633-3700

CENTER HOT MENU • NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken ala King* Biscuit* Corn* Strawberries & Blueberries*	**3** Meatloaf* Mashed Potatoes* w/Gravy Brussels Sprouts* Peaches* French Bread Roll*	**4** Stuffed Pepper w/Sauce* Roasted Red Potatoes** Baby Carrots Kiwi* Savory Garlic Bread*	**5** Sweet & Sour Chicken** Brown Rice** Broccoli Apples & Peanut Butter* Fortune Cookie	**6** Pork Marsala Stewed Apples* Cucumber & Tomato Salad Wheat Sweet Yeast Roll** Apple Juice*
9 Beef Stew* Peas & Peanut Salad* Clementine* Biscuit* Oyster Crackers*	**10** Chicken Parmesan* Fettuccine Noodles* Winter Blend Vegetables Red Grapes*	**11** **VETERANS DAY** BBQ Pork Wings*** Sunshine Carrots* Deluxe Fruit Salad* Garlic Toast* Red, White & Blue Cake**	**12** Baked Popcorn Shrimp** Macaroni & Cheese* Stewed Tomatoes* Cocktail Sauce* Caramel Apple Crumble**	**13** Beef Stroganoff Penne* French Green Beans Kiwi* Prune Juice*
16 BBQ Chicken* Au Gratin Potatoes* Dilled Carrots* Pineapple & Maraschino Cherries** Bread Stick*	**17** Chili w/Beans** Oyster Crackers* Baked Potato** Kiwi*	**18** **THANKSGIVING MEAL** Roast Turkey Mashed Potatoes*/Gravy Apple Cranberry Stuffing* Whole Green Beans Hawaiian Roll* Cranberry Sauce* Pumpkin Pie****	**19** Teriyaki Glazed Salmon White Rice** Kyoto Vegetable Blend* Peach Crisp****	**20** Pepperoni, Mushroom & Onion Pizza** Sicilian Blend Vegetables Angel Food Cake**** Tomato Juice
23 Swiss Steak Mashed Potatoes* Braised Cabbage* Fresh Pear** Sweet Orange Bread Slice**	**24** Chicken Cordon Bleu* w/Alfredo Baked Potato** Fruited Gelatin** Sour Cream Packet Peas & Carrots*	**25** Goulash** Corn* Hot Cinnamon Applesauce* Texas Garlic Toast*	**26** **HAPPY THANKSGIVING** **ALL CENTERS CLOSED**	**27** **ALL CENTERS CLOSED**
30 Breakfast Casserole* Stewed Apples* Blueberry Bran Muffin** Orange Juice*	**1** **DECEMBER** Swedish Meatballs* Egg Noodles* Roasted Butternut Squash* Sweet Yeast Roll** Fresh Apple*	**2** Autumn Apple Chicken* Corn Bake** Sugar Snap Peas* Lemon White Chocolate Cookie**	**3** French Beef Stew* Mashed Potatoes* Broccoli Fresh Pear**	**4** Cheese Ravioli*** Cut Green Beans-onion-bacon* Savory Garlic Bread* Banana**

All meals served at 11:30 am at the Activity & Dining Centers. To reserve a lunch by 9 am call the Center you will attend:
Sanford: (989) 687-7888 Coleman: (989) 465-6216 Trailside: (989) 633-3790 Mills: (989) 282-1622 Greendale: (989) 832-8683.
Meals on Wheels Hotline: Call 989-633-3789 for changes in delivery by 9 am. Reservations are required. Menus subject to change without notice.
*** = 15 gm carbohydrate. If there is no (*) by an item, there are little-no carbohydrates in that food item. Milk* is served with each meal.**